Group A	Age	Club	Ave	A5	CT	MH	UH	CT	W5	MB	ST	C4	RT	SK	I5	S5	SC	NT	CH	WT	MB	FF	CT
Steve Jones	47	NSRRA	42.5	38	42	44		38	43	41	44	39	45	45	48								
Carl Moulton	44	Boalloy RC	49.6	49	48		49	50	50	50		50	50	50									
Martin Pratt	40	Trentham RC	47.1	46	46	49	47	47		48	49	45	47										
Paul Hancock	54	South Cheshire Harriers	42.0	35	40		46	42		43	43	37	44	44	46								
Oliver Stone	31	Rugeley Power Station	44.7	41	43	46		44	44	44	46		46	48									
Alex Mayne	22	City of Stoke AC	49.3	50	49		50	49	49			49	49										
Craig Taylor	42	Newcastle (Staffs) AC	43.9	39				37	46	46	47	43			49								
Sam Crozier	34	Newcastle(Staffs) AC	49.3		50	50				49	50	48		49									
Kieran Bedford	27	Gator AC	41.9	37	41			43	42		41	42		47									
Ross Connor	35	City of Stoke AC	48.2	48	47			48	48				48		50								
Ben Bewley	42	Newcastle (Staffs) AC	40.9	36	39	43		40			45	36			47								
Matt Eardley	42	City of Stoke AC	46.7	47	45	48			47	47		46											
Isaac Elkington	29	Staffs Moorlands AC	43.7	43			48	39	45			41		46									
Colin McEvoy	44	Trentham RC	37.4	31	38	40			41	40	39	33											
Simon Fawcett	43	Unattached	41.4	40		45						34		43	45								
Martin Cross	33	Stone Master Marathoners	40.0	32				41		45	42	40											
Pat Buckingham	40	Trentham RC	45.5	45		47		46				44											
Christian Prince	33	Gator AC	45.3	44	44			45			48												
Kieran Gilbert	37	Silverdale RC	37.8	33							40	35	43										
Gareth Jones	46	Stone Master Marathoners	35.7	30	36	41																	
Andy Walker	54	Newcastle (Staffs) AC	40.0							42		38											
James Simpson	52	South Cheshire Harriers	39.5		37	42																	
Ben Brereton	29	Newcastle (Staffs) AC	47.0									47											
Shaun Ashworth	39	Velo Runner RC	42.0	42																			
David Morrell	52	City of Stoke AC	42.0										42										
Mark Silvester	34	Stafford Harriers	34.0	34																			
Mike Jay	41	Sandbach Striders	29.0	29																			
Group B	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Adam Tyson	42	Newcastle (Staffs) AC	48.9	48	49	50	48	49	49	50	48			49	49								
Lee Davies	39	Silverdale RC	44.6	39	45		47	44	46	43			47	46	44								
Chris Mosiuk	38	Trentham RC	44.4	43				43	44	41	41	46	48	47	47								
Tim Twentyman	58	Newcastle(Staffs) AC	42.8	36	42			42		44	39	43	49	45	45								
Sam Risillo	39	Stone Master Marathoners	42.8	37	44			41	42	45	42	44		44	46								
Bryn Holmes	52	Stone Master Marathoners	44.5	35	46	48	46	45	45		43			48									
Paul Sissons	43	Stone Master Marathoners	49.9		50		50		50		50	49		50	50								
Steve McCann	47	Stone Master Marathoners	40.4	30		44		38		38		42	45	43	43								
James Taylor	26	Newcastle(Staffs) AC	47.0	49	47					47	44	47			48								
James Cayzer	35	Unattached	49.2	50	48		49	50			49												
Mathew Capper	34	Audley RC	47.4	47		49		47		48	46												
Simon Lewis	52	Stoke FIT	38.7	29	41	47			41	39	35												
Dan Cawley	38	Boalloy RC	39.8	31	40		45		43	40													
Ben Marshall	32	Unattached	48.5							49	47	48	50										
Chris Moss	54	Congleton Harriers	46.5	46				48	47			45											
Joseph Mayer	27	City of Stoke AC	45.3	44				46		46	45												
Lee Edginton	47	Rising Brook Runners	40.5	42	43			40			37												
Richard Cordova	56	NSRRA	38.7		39			39			38												
Phil Rowley	53	City of Stoke AC	38.0	33					40			41											
Aaron Jones	26	Velo Runner	49.0						48			50											
Christopher Seale	40	Stafford Harriers	42.0	38									46										
Matt Robinson	48	Newcastle (Staffs) AC	41.5	41						42													
Darren Pyatt	57	Stone Master Marathoners	37.5						39		36												
Mick Haire	61	Boalloy RC	46.0			46																	
Ian Cawley	47	Lonely Goat RC	45.0			45																	

Glynn Pattinson	53	Cheadle RC	45.0	45																			
Ben Russell	37	Stoke FIT	44.0				44																
Michael Downes	50	Stone Master Marathoners	40.0								40												
Pat Hudson	44	South Cheshire Harriers	40.0	40																			
Steven Jennings	44	Stoke FIT	34.0	34																			
Christopher Morgan	41	City of Stoke AC	32.0	32																			
Group C	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Rob McCue	45	Stoke FIT	43.3	33	36	42	40	34	47	49	49	47		50	49								
Martyn Clare	59	Cannock & Stafford	37.8	27	33	40	41	37	36	39	37	39	42	40	42								
Chris Brown	56	Stone Master Marathoners	41.0	24	42	48	47	41	48		31	42	44	43									
Andrew Brownsword	45	Newcastle (Staffs) AC	42.4				43	43	42	41	40	41	46	42	44								
Alex Harford	43	Newcastle (Staffs) AC	47.3	36	48	50					48	49	50	49	48								
Doug Alcock	72	Trentham RC	34.6	19	34		39	32	34	37	32	37	41		41								
Andy Thomas	60	Sandbach Striders	38.3	25	37			39	39	43	35		43	41	43								
Lee Kempson	55	Newcastle (Staffs) AC	42.8	22	44		48	46	46	48	42			46									
Paul Marshall	35	Trentham RC	46.1	47		49	49	47			41	46		44									
Thomas Steele	27	Gator AC	43.7	35	46			45	45		43		47	45									
Lee Turner	40	NSRRA	46.8	46	47						44	48	48	48									
Joshua Fieldhouse	26	Gator AC	46.7	49	41			49	50	44	47												
Rich Keen	35	Gator AC	40.0	32	43	47	45	35		40	38												
Matt Killeen	44	Newcastle (Staffs) AC	46.0				46	48			45	45		47	45								
John Scott	54	Stafford Harriers	45.5	38	45				49		46		49		46								
Tom Rushton	31	South Cheshire Harriers	50.0	50	50			50				50			50								
Pete Chell	55	Stafford Harriers	33.9	21	39			33	33	36		35			40								
Darren Beach	49	South Cheshire Harriers	41.6			41	42	40	43	42													
Joe Clapham	37	Trentham RC	40.4	31		46	44		41			40											
Malcolm Eustace	65	Cannock & Stafford	49.3	48	49					50	50												
David Poole	51	Newcastle (Staffs) AC	39.2					36	38	38	39		45										
John Ferguson	56	South Cheshire Harriers	37.2	30	40	45			37		34												
Tom Mayell	47	Sandbach Striders	33.4	23	38				32	35				39									
Matthew Jones	42	NSSRA	36.5		35	43	38		30														
Rob Bond	51	Staffordshire Moorlands	42.7	37						47		44											
Matt Craig	40	Stoke FIT	42.3					42	40	45													
Andrew Cooke	44	Michelin AC	38.0	20			50	44															
Michael Beasley	60	Stone Master Marathoners	32.3	26					35			36											
Jake Oliver	20	Stafford Harriers	31.7					31	31		33												
Paul Glover	50	Stone Master Marathoners	41.5	40								43											
Andrew Butterworth	46	Uttoxeter RR	40.5	43				38															
Eliot Powell	45	Stoke FIT	39.0	42							36												
Tim West	54	Stoke FIT	36.5						44		29												
Andrew Stazaker	47	Stone Master Marathoners	36.5	41	32																		
Paul Phillips	51	Stone Master Marathoners	34.0					30				38											
Nathan Walton	55	Newcastle (Staffs) AC	29.5						29		30												
Tom Young	36	Unattached	47.0												47								
Dave Blundred	37	GO Team	46.0							46													
Matt Harper	49	Newcastle (Staffs) Tri	45.0	45																			
Warren Thomas	51	Trentham RC	44.0	44																			
Gareth Copley-Jones	43	Silverdale RC	44.0			44																	
Adam Marsland	38	Welland Valley Tri Club	39.0	39																			
Marcus Pearson	27	Stoke FIT	34.0	34																			
Paul Hall	37	Stoke Fit	29.0	29																			
Liam Astley	31	South Cheshire Harriers	28.0	28																			
Group D	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Lewis Edwards	30	South Cheshire Harriers	48.8	48	48	50	49		48	49		49	48	49	50								

Gareth Brookes	56	Stone Master Marathoners	41.9	40	44		41	40	36	41	45	43	44	42	45								
John Guest	65	Trentham RC	41.7	32	41		45	41	42	45	41	41	43	45	43								
Tom Woolliscroft	37	Gator AC	50.0	50	50			50	50	50	50	50	50	50									
Paul Elton	48	Blythe Bridge RC	44.0	31	42	47	47	43	45	48	46	45			46								
Andy Griffin	51	South Cheshire Harriers	43.3		34		46	42	41	47	44	44	45	46	44								
Julian Waldron	52	Trentham RC	46.9	47	46		48	48	46		47	47	46		47								
Steven Smith	46	Stone Master Marathoners	39.6	34	39	45		33	34	46	40	39		44	42								
Andrew Cawthorne	55	Stone Master Marathoners	48.3	49	47	48	50	49	47					48	48								
Tom Wise	34	Stone Master Marathoners	47.9	46	49	49		47			49		47	47	49								
David Kivlin	47	South Cheshire Harriers	37.4	27	35		44	37	38	40	38	38			40								
David Tudor	40	NSRRA	46.9	42		46		46	49		48	48	49										
Grahame Cope	53	Stone Master Marathoners	39.6	43				39	40		37	40	39		39								
Stephen Wright	44	Sandbach Striders	42.8	39	45		42	45	44	42													
Dave Hudson	56	Silverdale RC	39.8				39	35	39		43	42		41									
Dan Woolliscroft	32	Gator AC	37.7	35	38			38		39	35				41								
David Laxton	63	Unattached	35.7	29	36				33			37	41		38								
David Nimmo	42	South Cheshire Harriers	39.6	38	43	44		36	37														
Daniel Evans	33	Maryhill Harriers	38.0	28	33	43		44			42												
Martin Haines	33	Unattached	38.3	37	37				43		36												
Mark Harrison	51	Cheadle RC	34.0	33	40			32	31														
Alex Laney	37	Trentham RC	40.3	45					30			46											
Antonio Treglia	43	Stafford Harriers	37.0						35				40		36								
John Myatt	54	Michelin AC	35.7	30			43	34															
Tom Davall	32	Stafford Harriers	42.0							44				40									
Ian Hodkinson	52	Stafford Harriers	40.5								39		42										
Dale Poulton	60	Velo Runner RC	36.0				40		32														
Chris Ridgway	40	Congleton Harriers	44.0	44																			
David Roberts	61	Newcastle(Staffs) AC	43.0							43													
Andrew Wadsworth	64	Sparkhill Harriers	43.0											43									
Andy Torbitt	36	Silverdale RC	41.0	41																			
Peter Richardson	43	Cheadle RC	37.0												37								
Russell Williams	63	Cheadle RC	36.0									36											
Michael Maughan	55	Boalloy RC	36.0	36																			
Andrew Clinton	54	NSRRA	34.0								34												
Thomas Herward	21	NSRRA	31.0					31															
Group E	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Leo Wheeler	35	Silverdale RC	49.6	46	50	49	50	50	50	50	50	50	50	50	50								
James Simpson	50	Stoke FIT	46.9	41	42	46	48	46	49	49	48	49	49	48	48								
Edward Swann	42	NSRRA	46.7	49	47	50	49	49	40	42	47	47	46	49	45								
Christopher Swann	41	South Cheshire Harriers	44.8	47	41	44	46	44	47	45	46	46	44	44	43								
James Tutton	43	Stoke FIT	40.3	38	44	39	44	41	44	39	38	39	39	41	37								
Alwyn Williams	49	Silverdale RC	47.4	44	48	48		48	48	46	49	48		46	49								
Ken Shenton	66	Cheadle RC	39.3	39	34	40	42	42	35	43	40	40	42	34	41								
Scott McCue	16	Stoke FIT	41.5	33	37		45	43	39	40	43	44		45	46								
Jason Riley	51	Newcastle(Staffs) Tri Cl	43.7	45	43	45	47	30	46			43	47		47								
Oliver Grocott	30	Unattached	40.0		36		40	37	45	41	39		40	40	42								
Dennis Robinson	67	South Cheshire Harriers	34.9	32	30	38			33	37	34	34	36	35	40								
Dean Windsor	46	Unattached	42.4	50	45	34		45		48	41		29	47									
Marc Willett	38	Stoke FIT	43.1					40	42		45	45	43	43	44								
Ian Hancock	58	NSRRA	40.4	31	40	42	43			44	42	41											
Richard Cooke	45	Stone Master Marathoners	40.4	42	46	43	32		41				41	38									
Stephen Moody	56	Stoke FIT	31.3	25	28	35	36	34	32	31	31	30											
Jonathan Green	42	South Cheshire Harriers	34.0	29	31		38	29	34		36	37	38										
Kevin Uzzell	76	Stone Master Marathoners	37.0			41	41	36		38		33	32		38								

Matthew Kingston	30	Essington Harriers	35.4	34	32		37			33	32	38		42									
David Clamp	55	Silverdale RC	35.3	28	38	37				35	37	35	37										
Paul Burslem	58	Trentham RC	43.4	35	49	47					44	42											
Rob Ibbs	54	Newcastle (Staffs) AC	35.2					35	37		33	36	31	39									
Darren Redman	58	Unattached	32.3		29			32		34		31		33	35								
Chris Turner	38	Biddulph RC	31.0		26	32	34		30	32		32											
Richard Cherrington	48	South Cheshire Harriers	36.0	37	33								34	37	39								
Peter Gibbs	48	Stoke FIT	37.0	36		36	33		43														
Mark Gibson	44	Trentham RC	36.8					38	38		35			36									
James Warburton	43	Unattached	28.2	26				28			30	29	28										
Bernard Clarke	50	Mow Cop Runners	32.0	27			35			36			30										
Peter Harris	35	South Cheshire Harriers	38.3	43	39	33																	
Steve Plant	55	Stone Master Marathoners	28.3	24	27			31	31														
Steven Locker	69	Unattached	35.7		35		39						33										
Mark Stackhouse	52	Rugeley Runners	47.5							47			48										
Nitesh Thakrar	62	Stafford Harriers	46.5	48									45										
Jason Ashworth	47	Stoke FIT	38.0					47			29												
Mark Oliver	54	Stafford Harriers	37.5					39	36														
Simon Bills	59	Unattached	40.0	40																			
John Munton-Davies	50	Newcastle (Staffs) AC	36.0												36								
Daniel Lambourne-Gib	44	Newcastle(Staffs) AC	35.0										35										
Lee Greatrex	49	Stone Master Marathoners	34.0												34								
David Wallace	38	Stoke FIT	33.0					33															
Chris Ellerton	58	Stone Master Marathoners	30.0	30																			
Adrian Frost	65	Trentham RC	28.0									28											
Group F	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Chris Colebourn	57	NSRRA	44.7	39	42	45	48	45	45	39	49	46	45	47	46								
Ben Freeman	37	South Cheshire Harriers	41.9	43	41	39	41	39	42	43	43	43	44		43								
Trevor Hoyle	63	Silverdale RC	41.5	33	37	42	47	41		41	42	42	43	45	44								
Andy Morris	49	South Cheshire Harriers	45.1	42	39	47	46	46		44	45	48	47		47								
Chris Hallsworth	39	Lonely Goat RC	49.3	49	48	48		49	50	50		50		50	50								
James Daly	60	Trentham RC	47.7				50	48	49	48	50	47	40	49	48								
Rob Mottram	36	Audley RC	48.0	46	50		49	47	48	47	48	49											
Matt Walker	34	NSRRA	45.4	37				43		46	46	45	49	48	49								
Rob Sillito	35	Stoke FIT	39.9	32	40		45		41	38	41	39	42		41								
Chris Hall	40	Audley RC	42.5	40	38	40	43	42	47	45					45								
Alan Challinor	71	Newcastle (Staffs) AC	42.3	35	44				44	42	44	41		46	42								
Lee Lycett	53	Audley RC	37.2		34	38	40	35		37	39	34		41	37								
David Hebb	65	Stone Master Marathoners	37.0		28	37	38	32	39	36			41	43	39								
Ken Gough	58	NSRRA	36.3			35	39			34	35	33	38	40	36								
Cris Wood	50	Silverdale RC	47.8	45	47	50		50	46	49													
Andrew Crosby	52	Blythe Bridge RC	38.3	30			42		40	40	40	37	39										
Duncan Richardson	52	Audley RC	34.6	28	33	36		36			36	35			38								
Jon Hillman	40	NSRRA	40.3		36	41	44				37			44	40								
Andy Pointon	50	Silverdale RC	43.0		46	44		38	43			44											
Mark Wall	53	NSRRA	46.8	48				44			47		48										
John Brown	71	Cheadle RC	33.6					30	37	35	34	32											
Craig Johnson	56	NSRRA	38.3	29	35	43							46										
Giovanni Capodici	35	Silverdale RC	37.5	34	43			37				36											
Jolian Morris	53	Trentham RC	47.3	44	49	49																	
Neil Reynolds	61	Stoke FIT	35.3	31				34			38	38											
Nathan Kapp	32	South Cheshire Harriers	44.0	41	45	46																	
Alan Lewis	83	Trentham RC	32.3					31			33	30			35								
Sam Chappell	44	Trentham RC	50.0	50									50										

Ian Allen	59	NSRRA	31.7	25	32				38														
John Dobson	59	Silverdale RC	29.3	24	31			33															
Mark Dean	58	Staffordshire Moorlands	38.0	36				40															
Clive Heathcock	67	South Cheshire Harriers	34.0	26										42									
Andrew Thompson	45	Stone Master Marathoners	47.0	47																			
Neil Regnauld	68	Newcastle (Staffs) AC	40.0									40											
Rob Massey	52	Uttoxeter RR	38.0	38																			
Nigel Lee	70	Newcastle (Staffs) AC	31.0									31											
John Alcock	41	Newcastle(Staffs) Tri Cl	30.0		30																		
David Baker	68	Staffordshire Moorlands	29.0		29																		
Darren Storey	56	Newcastle (Staffs) AC	27.0	27																			
Daniel Young	41	Stoke FIT	23.0	23																			
Group G	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
David Wain	41	Silverdale RC	49.0	50	47	49	48	49	49	49	49	49	49	50	50								
Steve Hallows	53	Stone Master Marathoners	47.8	47	48	48	47	47	48	48	48	47	48	49	49								
Andrew Kane	44	Trentham RC	49.9	49	50	50	50	50	50	50	50	50	50										
Martin Parkinson	52	Unattached	43.8	39	43	47	46	43	41	43	45		46	45									
John Finney	78	Stafford Harriers	45.3	41	44			45	46	47	46	45			48								
Malcolm Rushton	73	Trentham RC	41.9	35	41	46		42	40	45		42			44								
Barefoot Blade	45	Running at 40 Plus	43.9	42	42				43	44		44	47		45								
Simon Bailey	47	Unattached	46.7	48	46			46	47	46				47									
Graham Bagnall	82	Alsager Runners	45.5	43	45				45		47	46			47								
Graham Williams	78	Stafford Harriers	43.5	38				44	44			43		46	46								
Colin Pheasant	68	Chase Harriers	41.5						39	41	43	39	45	42									
Norbert Duszynski	23	Unattached	48.0	46	49		49	48				48											
David Lewis	62	Nantwich RC	41.6	37							44	40		44	43								
Stuart Gregory	38	Desford Striders	43.3			45				42				43									
Stephen Woodward	63	Silverdale RC	41.0					41				41											
Roy Clay	69	Stafford Harriers	48.0											48									
Chris Moreton	50	Stoke FIT	45.0	45																			
Ian Tamburello	49	Stoke FIT	44.0	44																			
Robert Sissons	78	Silverdale RC	42.0						42														
Patrick McGrillen	45	Stoke FIT	40.0	40																			
David Percival	36	South Cheshire Harriers	36.0	36																			
John Bourne	81		34.0	34																			
Group L	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Amanda Kelly	37	City of Stoke AC	49.3	48	50	50	50	49	50	49	49	49	50	49	49								
Helen Somers	48	Stone Master Marathoners	43.7	42	42	45	46	41	44	42	44	45	45	43	45								
Carol Higgs	61	Trentham RC	45.9	44	45	47		45	46	44	48	48	46	46	46								
Sarah Taylor	56	Trentham RC	46.9	45	47		49	46	47	47			47	47	47								
Georgia Stanfield	25	Trentham	49.9	50				50	49	50	50	50		50	50								
Joanne Stanfield	53	Trentham RC	48.0	47	48			48	48	48			49	48	48								
Michelle Fox	48	Stone Master Marathoners	46.6	46	46	48	48	47		46		47		45									
Claire Kivlin	45	South Cheshire Harriers	44.5	43	43			43	45	45	47	46		44									
Alicia Gilbert	37	Silverdale RC	43.0	41		46		42		43													
Isabella Shaw	23	City of Stoke AC	49.0	49	49																		
Clorinda Graham	26	Stone Master Marathoners	45.0		44						46												
Natalie Boswell	42	Cannock & Stafford	44.0		41		47																
Christine Kilkenny	71	Cannock & Stafford	42.5	40							45												
Anna Hollingworth	41	Midland Masters AC	49.0			49																	
Kelly Butler	35	City of Stoke AC	48.0										48										
Jo Moss	53	Sandbach Striders	44.0					44															
Group M	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Julie Parry	43	Newcastle (Staffs) AC	46.8	44	47	47	45	46	47	48	46	49	46	47	50								

Laura Hancock	38	Stone Master Marathoners	48.9		49	49	50	47	49	50	49		48	49									
Chris Skellern	61	Stafford Harriers	47.7	46	46		47	49	48		48	48	49	48									
Nikki Towle	57	Stone Master Marathoners	44.4	39		46		44	45	47	44	44	44		47								
Hannah Blundred	32	Go Team	47.0	47	44		48	50	46		47	47	47										
Steph Buckley	36	Unattached	49.4	50	50		46		50		50		50	50									
Denise Sandford	59	Uttoxeter RR	39.1	30	40			37	38		41	41	42	44									
Rachael Shankland	39	Stoke FIT	43.1	34				43	42			45	43	46	49								
Rachel Beach	44	South Cheshire Harriers	42.7	32			44	42	44	46	45	46											
Ellie Evans	38	Stone Master Marathoners	41.9	36				40	41	45	42	43			46								
Sherrie Brereton	46	Nantwich RC	43.8					39		44	43			45	48								
Pam Davies	72	Stone Master Marathoners	39.8	35	43			41	40			40											
Sara Morris	48	Stone Master Marathoners	37.0	29	42			38	39														
Lisa Wells	56	Stafford Harriers	48.3	48		48	49																
Beth Dawid	45	Newcastle(Staffs) Tri C	46.3	43	48			48															
Helen Minton	34	South Cheshire Harriers	49.5							49		50											
Carol Astbury	60	Uttoxeter RR	43.0				43							43									
Ellie Dick	45	Congleton Harriers	43.0	41	45																		
Michelle Dalgarno	44	Silverdale RC	42.5	40									45										
Fiona Bradley	46	Stone Master Marathoners	40.0	37					43														
Suzanne Dale	42	South Cheshire Harriers	37.0	33	41																		
Deb O'Neill	52	Trentham RC	50.0			50																	
Teresa Dunning	49	Newcastle (Staffs) AC	49.0	49																			
Richardson Juliette	49	Trentham	45.0					45															
Kerry Widdowson	50	Trentham RC	45.0	45																			
Emma Broadhurst	35	Newcastle (Staffs) Tri	42.0	42																			
Dot Fellows	79	Cannock & Stafford	42.0									42											
June Wray	61	Sandbach Striders	38.0	38																			
Izzy Cundy	48	Nantwich RC	31.0	31																			
Group W	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Julie Dudley	64	Cheadle RC	45.2	44	47	47			41	47	47	44	46	45	44								
Julianne Kettle	40	Newcastle(Staffs) AC	47.6	47	48	50		47	47			45	48	48	48								
Emma Phillips	45	Newcastle(Staffs) Tri Cl	41.7	34	42	46	50	41	38			37	43	44	42								
Caitlin Taylor	16	Newcastle (Staffs) AC	49.9	49	50			50	50		50	50		50	50								
Jane Steele	39	Trentham RC	48.0					45	49	49	49	48	50	47	47								
Kerry Podmore	49	South Cheshire Harriers	45.6	45		49		46	45	48		43	44		45								
Melonie Deakin	54	Stafford Harriers	42.0	37	44			42	43		44	41			43								
Julia Young	32	Newcastle (Staffs) AC	48.8	48				49	48	50		49	49										
Jane Holt	56	Unattached	46.7		46			48	46		48	46		46									
Lynda Clare	59	Cannock & Stafford	43.8	43	45	48		44			43	40											
Sally Haycock	49	Stafford Harriers	43.3	41	41				42		45		45		46								
Ruth Farrell	50	Stoke FIT	40.4					40	39	45	42	36											
Maxine Hough	58	South Cheshire Harriers	40.2	36	39				44					42	40								
Liz Clutton	70	Cheadle RC	40.0		40				37			39		43	41								
Alice Dudley	22	Cheadle RC	40.0	42	43				35			38	42										
Sharon Grattan	49	South Cheshire Harriers	43.5	40						46	46	42											
Lucy Bexton	35	Audley RC	49.0											49	49								
Hannah Hardy	28	Stone Master Marathoners	47.5	46	49																		
Kerry Hammonds	43	Unattached	47.0									47	47										
Sally Aldridge	77	Silverdale RC	36.0		38				34														
Helen Wassall	50	Boalloy RC	35.5	35					36														
Sally Jeavons	48	Stone Master Marathoners	50.0	50																			
Emma Roach	43	Newcastle (Staffs) Tri	43.0					43															
Ruth Edwards	64	Stafford Harriers	40.0						40														
Rebecca Oakes	42	Newcastle (Staffs) Tri	39.0	39																			

Sharon Morris	51	Trentham RC	38.0	38																			
Group X	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Sally Hallows	53	Stone Master Marathoners	47.6	45	46	48	45	49	50	47	48	47	48	49	49								
Carly Chawner	35	Stoke FIT	50.0	50	50		50	50		50	50		50	50	50								
Paula Anderson	55	Silverdale RC	42.5	35	43	45	43	41	40	45	45	42			46								
Amy Hamlett	30	South Cheshire Harriers	40.7	30	42		39		38	42	43	39	46	44	44								
Susan Twardochleb	51	Newcastle (Staffs) AC	48.0	46	48	50	48		49		47	48		48									
Lizzi Reynolds	34	Sandbach Striders	42.9	42	44			42	44		41	40		45	45								
Olivia Brazier	31	NSRRA	46.3	44	47			38		48	49	49	49										
Carly Hall	34	Stoke FIT	42.1	31			42	44	45	44		43		46									
Micheline Tremblay	59	South Cheshire Harriers	38.4	27		41				40	38	38		43	42								
Julie Nokes	64	Stafford Harriers	37.7	28		43	37	37	37		37		45										
Danielle Perry	41	South Cheshire Harriers	42.8	40			38	45		46	42	46											
Vaida Bartulyte	37	South Cheshire Harriers	47.8	43			49	48		49		50											
Pat Bentley	75	Trentham RC	37.5	29					36	41	39	37			43								
Hayley Cicatello	32	Audley RC	42.4	36				43		43	46	44											
Liz Austin	38	Stafford Harriers	43.3					40	42		44			47									
Louise Gibbs	52	Stoke FIT	42.0	37		47	41		43														
Charlotte Moore	33	Trentham RC	39.5	33		46	40	39															
Samantha Da Trindade	35	Silverdale RC	47.7	48		49	46																
Amy Oliver	24	Stafford Harriers	46.7					46	47				47										
Ange Morton	61	Stoke FIT	45.3		45		44								47								
Jane Osbourne	53	NSRRA	38.7		41			36	39														
Rachael Hayes	45	Blythe Bridge RC	38.7	34					41			41											
Lauren Ford	28	Stone Master Marathoners	49.0	49	49																		
Joanne Oliver	53	Stafford Harriers	47.5					47	48														
Susan Vidler	49	South Cheshire Harriers	43.5	39											48								
Julie Rowland	53	Unattached	43.5	41					46														
Elaine Statham	79	Congleton Harriers	41.0			42					40												
Jacqueline Bailey	44	Stone Master Marathoners	47.0	47																			
Wendy Spreadbury	68	Sandbach Striders	47.0				47																
Alison Condlyffe	52	Newcastle (Staffs) AC	45.0									45											
Charli Weller	55	Silverdale RC	44.0			44																	
Angela Ferguson	47	South Cheshire Harriers	38.0	38																			
Salli Hamilton	48	Stone Master Marathoners	32.0	32																			
Linda Fernyhough	61	NSRRA	26.0	26																			
Group Y	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Louise Waldron-Kelly	48	Blythe Bridge RC	45.6	45	40	46	48	45	46	48	46	45		47									
Rebecca Ellis	42	Silverdale RC	49.0	46	48		50	50	50		49	49		49	50								
Emma Copeland	43	Audley RC	44.6	33	43	48		49	43	50	42	43		50									
Diane Brassington	53	Silverdale RC	43.0	40	41			43	35	47	43	42	48		48								
Mandy Lewis	63	Nantwich RC	38.4	29	33	45		38	33	43	39	36		43	45								
Mandy Bettaney	50	Trentham RC	47.5	41	47				48	49	48	48	50		49								
Deborah Clarke	53	Stoke FIT	38.4	25	31	44	45	32		44	34		47		44								
Katie Harvey	37	Stoke FIT	47.0	47	50			46	47	46	47	46											
Kerry Hopkinson	45	NSRRA	38.4	39	37			34	39		37	39		40	42								
Kate Hopkinson	45	NSRRA	38.1	38	36			33	40		36	38		41	43								
Sarah Aitkenhead	42	Stafford Harriers	37.6	26	38			36	32		35		46	42	46								
Carole Stone	54	Stone Master Marathoners	39.7	30				37	37		41	40		46	47								
Amy Rudnicki	33	Stoke FIT	39.4	36	32			40	38		44	41		45									
Emma Ford	49	NSRRA	45.3			49	47		42	45	40		49										
Rachel Hall	43	Audley RC	39.2	32	35	47	46	41	34														
Jenny Reynolds	59	Stoke FIT	46.6	48				48	45		45	47											
Jane McFarlane	47	Newcastle (Staffs) AC	38.6	35	39			39	36					44									

Jemma Green	23	Stone Master Marathoners	47.3	44	46				49		50												
Vicki Dolman	27	Stone Master Marathoners	47.3	43	49	50		47															
Jo Cordall	52	Stoke FIT	46.0	49	44		49	42															
Lucy Cartlidge	39	Audley RC	33.3	27				31			38	37											
Emma Boulton	46	Stone Master Marathoners	37.7								33	35	45										
Rebecca Durham	47	Stone Master Marathoners	32.7	31				35			32												
Laura Barker	32	Trentham RC	30.7	28	34			30															
Rebecca Ibbs	47	Newcastle (Staffs) AC	46.0						44					48									
Claire Green	33	Sandbach Striders	46.0		42							50											
Lisa Ash	48	Blythe Bridge RC	43.0	42								44											
Hayley Lowell	49	Stone Master Marathoners	42.5					44	41														
Cheryl Percival	37	Nantwich RC	39.5	34	45																		
Stefanie Ward	35	Unattached	50.0	50																			
Emma Lonczyk	46	Blythe Bridge RC	43.0			43																	
Emma George	34	Nantwich RC	37.0	37																			
Group Z	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Hazel Barlow	62	Silverdale RC	45.7	40	40	46	48	45	46	48	47	47	48	46	47								
Helen Nicholls	43	Trentham RC	49.5	46	49	50	50	50	50	50	50	50	50										
Heather Swift	37	NSRRA	48.6	48	48	49	49				48	49	49		49								
Rita Banks	80	Stone Master Marathoners	41.8	30	37				42	47	42	45	45	43	45								
Simone Baggaley	36	Trentham RC	43.0	35		44	44	42	45		44	44			46								
Rebekah Washington	28	Gator AC	44.7	37	42				47		46	46		47	48								
Sarah Gray	65	Stafford Harriers	43.9	41	41			44	41		45		47	48									
Kirsty Rollings	38	South Cheshire Harriers	48.5		45	48		49			49			50	50								
Chloe Guy	23	Unattached	42.5	32	39		45	47				48		44									
Sharn Hully	66	Stoke FIT	42.8	36			46		44		43			45									
Juliet Carter	54	South Cheshire Harriers	46.5	43	47	47				49													
Luane Hill	48	South Cheshire Harriers	46.3	42	46			48	49														
Karen Griffiths	54	Stone Master Marathoners	45.7	45	44				48														
Jo Espley	50	Stafford Harriers	39.0	34				43	40														
Lesley Hughes	64	Stafford Harriers	38.7	33	38	45																	
Melody Morris	51	Stoke FIT	49.5	49	50																		
Tracey Wadsworth	53	Stone Master Marathoners	48.0	50									46										
Karyn Oakley	46	Blythe Bridge RC	47.0	47			47																
Maria Gaye	56	Blythe Bridge RC	46.5	44										49									
Anne Thompson	67	Nantwich RC	42.0	38				46															
Donna Sykes	38	Uttoxeter RR	41.0	39	43																		
Christine Pezzaioli	64	Stoke FIT	37.0	31					43														
Rachel Wallwork	45	Stoke FIT	29.0	29																			
Male 16 to 39	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Oliver Stone	31	Rugeley Power Station	47.2	45	46	49		46	47	48	47		48	49									
Leo Wheeler	35	Silverdale RC	34.0	15	32	42	40	30	34	34	31	32	39	38	41								
Lewis Edwards	30	South Cheshire Harriers	38.7	26	35	46	43		38	37		35	41	43	43								
Lee Davies	39	Silverdale RC	41.8	32	41		47	38	44	42			43	45	44								
Chris Mosiuk	38	Trentham RC	40.8	34				37	41	40	38	39	45	46	47								
Sam Risillo	39	Stone Master Marathoners	39.1	31	40			36	39	43	39	38		41	45								
Alex Mayne	22	City of Stoke AC	49.9	50	49		50	50	50			50	50										
Tom Woolliscroft	37	Gator AC	38.7	29	39			35	42	41	37	37	44	44									
Kieran Bedford	27	Gator AC	44.4	43	44			45	45		40	46		48									
Sam Crozier	34	Newcastle(Staffs) AC	49.8		50	50				50	50	49		50									
Tom Wise	34	Stone Master Marathoners	37.0	24	38	45		32			36		40	39	42								
Ross Connor	35	City of Stoke AC	49.0	49	48			49	49				49		50								
Ben Freeman	37	South Cheshire Harriers	26.1	10	22	36	33	18	26	26	21	26	35		34								
Chris Hallsworth	39	Lonely Goat RC	31.6	13	28	41		28	33	33		31		37	40								

Isaac Elkington	29	Staffs Moorlands AC	46.5	47			49	43	48			45		47									
Scott McCue	16	Stoke FIT	27.4	7	25		39	22	28	27	24	28		36	38								
Paul Marshall	35	Trentham RC	38.4	33		47	46	34			33	36		40									
Oliver Grocott	30	Unattached	29.3		24		37	20	30	28	22		36	32	35								
James Taylor	26	Newcastle(Staffs) AC	43.5	42	43					45	42	41			48								
Thomas Steele	27	Gator AC	36.0	28	36			33	37		34		42	42									
Rich Keen	35	Gator AC	34.0	22	34	44	42	29		35	32												
James Cayzer	35	Unattached	46.4	44	45		48	47			48												
Joshua Fieldhouse	26	Gator AC	38.0	36	33			39	43	36	41												
Rob Mottram	36	Audley RC	28.1	12	31		38	25	32	31	26	30											
Martin Cross	33	Stone Master Marathoners	44.2	38				44		49	46	44											
Mathew Capper	34	Audley RC	43.8	40		48		41		46	44												
Matt Walker	34	NSRRA	27.3	6				23		29	23	27	38	35	37								
Rob Sillito	35	Stoke FIT	24.1	4	21		35		25	23	19	23	34		33								
Tom Rushton	31	South Cheshire Harriers	42.4	37	42			42				42			49								
Marc Willett	38	Stoke FIT	30.1					21	29		25	29	37	34	36								
Christian Prince	33	Gator AC	48.0	48	47			48			49												
Dan Cawley	38	Boalloy RC	37.2	25	37		45		40	39													
Ben Marshall	32	Unattached	45.5							47	45	43	47										
Joe Clapham	37	Trentham RC	34.8	21		43	41		36			33											
Dan Woolliscroft	32	Gator AC	28.2	16	30			27		30	27				39								
Matthew Kingston	30	Essington Harriers	23.9	8	20		36			25	20	25		33									
Joseph Mayer	27	City of Stoke AC	40.5	35				40		44	43												
Kieran Gilbert	37	Silverdale RC	40.0	39							35	40	46										
Chris Turner	38	Biddulph RC	26.5		18	37	34		24	24		22											
Daniel Evans	33	Maryhill Harriers	25.8	11	17	40		31			30												
Martin Haines	33	Unattached	27.3	17	29				35		28												
Norbert Duszynski	23	Unattached	19.4	3	19		32	19				24											
Aaron Jones	26	Velo Runner	46.5						46			47											
Stuart Gregory	38	Desford Striders	29.0			35				22				30									
Jake Oliver	20	Stafford Harriers	28.7					26	31		29												
Alex Laney	37	Trentham RC	28.0	23					27			34											
Peter Harris	35	South Cheshire Harriers	26.3	14	27	38																	
Nathan Kapp	32	South Cheshire Harriers	24.7	9	26	39																	
Giovanni Capodici	35	Silverdale RC	16.3	5	23			16				21											
Tom Davall	32	Stafford Harriers	31.5							32				31									
Ben Brereton	29	Newcastle (Staffs) AC	48.0									48											
Shaun Ashworth	39	Velo Runner RC	46.0	46																			
Tom Young	36	Unattached	46.0												46								
Ben Russell	37	Stoke FIT	44.0				44																
Mark Silvester	34	Stafford Harriers	41.0	41																			
Dave Blundred	37	GO Team	38.0							38													
Adam Marsland	38	Welland Valley Tri Club	30.0	30																			
Marcus Pearson	27	Stoke FIT	27.0	27																			
Thomas Herward	21	NSRRA	24.0					24															
Paul Hall	37	Stoke Fit	20.0	20																			
Liam Astley	31	South Cheshire Harriers	19.0	19																			
Andy Torbitt	36	Silverdale RC	18.0	18																			
David Wallace	38	Stoke FIT	17.0					17															
David Percival	36	South Cheshire Harriers	2.0	2																			
Male 40 to 44	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Edward Swann	42	NSRRA	39.6	29	38	42	44	39	34	41	41	38	43	43	43								
Adam Tyson	42	Newcastle (Staffs) AC	46.4	44	46	46	47	46	46	46	47			48	48								
Christopher Swann	41	South Cheshire Harriers	38.4	28	36	38	42	37	39	43	39	37	41	42	39								

Carl Moulton	44	Boalloy RC	50.0	50	50		50	50	50	50		50	50	50									
Martin Pratt	40	Trentham RC	48.9	48	49	50	48	49		49	50	48	49										
James Tutton	43	Stoke FIT	36.7	26	37	36	41	34	35	40	38	35	39	41	38								
David Wain	41	Silverdale RC	33.7	22	31	34	35	32	32	37	35	33	36	40	37								
Andrew Kane	44	Trentham RC	36.2	21	35	37	39	35	37	42	40	36	40										
Alex Harford	43	Newcastle (Staffs) AC	44.0	36	44	44					45	43	48	46	46								
Paul Sissons	43	Stone Master Marathoners	47.9		47		49		48		48	45		49	49								
Craig Taylor	42	Newcastle (Staffs) AC	47.0	45				45	47	47	49	46			50								
Ben Bewley	42	Newcastle (Staffs) AC	45.3	43	45	45		47			46	44			47								
Matt Eardley	42	City of Stoke AC	48.7	49	48	49			49	48		49											
David Tudor	40	NSRRA	40.9	33		41		41	45		42	39	45										
Chris Hall	40	Audley RC	35.1	25	34	33	36	36	38	39					40								
Jonathan Green	42	South Cheshire Harriers	33.3	24	33		38	31	31		37	34	38										
Matt Killeen	44	Newcastle (Staffs) AC	43.7				45	44			44	41		44	44								
Lee Turner	40	NSRRA	43.5	41	43						43	42	47	45									
Colin McEvoy	44	Trentham RC	37.3	42	42	32			44	38	32	31											
Stephen Wright	44	Sandbach Striders	40.3	32	41		43	40	42	44													
Simon Fawcett	43	Unattached	45.0	46		47						40		47	45								
Jon Hillman	40	NSRRA	35.2		32	35	37				33			38	36								
Pat Buckingham	40	Trentham RC	47.5	47		48		48				47											
David Nimmo	42	South Cheshire Harriers	37.8	31	40	39		38	41														
Matthew Jones	42	NSSRA	38.8		39	40	40		36														
James Warburton	43	Unattached	30.8	23				30			34	32	35										
Mark Gibson	44	Trentham RC	35.3					33	33		36			39									
Matt Craig	40	Stoke FIT	43.3					42	43	45													
Antonio Treglia	43	Stafford Harriers	41.0						40				42		41								
Andrew Cooke	44	Michelin AC	39.7	30			46	43															
Christopher Seale	40	Stafford Harriers	42.5	39									46										
Sam Chappell	44	Trentham RC	35.5	27									44										
Gareth Copley-Jones	43	Silverdale RC	43.0			43																	
Peter Richardson	43	Cheadle RC	42.0												42								
Pat Hudson	44	South Cheshire Harriers	40.0	40																			
Mike Jay	41	Sandbach Striders	38.0	38																			
Steven Jennings	44	Stoke FIT	37.0	37																			
Daniel Lambourne-Gib	44	Newcastle(Staffs) AC	37.0										37										
Christopher Morgan	41	City of Stoke AC	35.0	35																			
Chris Ridgway	40	Congleton Harriers	34.0	34																			
John Alcock	41	Newcastle(Staffs) Tri Cl	30.0		30																		
Daniel Young	41	Stoke FIT	20.0	20																			
Male 45 to 49	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Steve Jones	47	NSRRA	50.0	50	50	50		50	50	50	50	50	50	50	50								
Rob McCue	45	Stoke FIT	46.6	42	45	43	47	43	49	48	49	49		49	49								
Paul Elton	48	Blythe Bridge RC	45.5	37	46	47	49	44	46	47	47	46			46								
Andrew Brownsword	45	Newcastle (Staffs) AC	47.8				50	48	47	45	48	48	49	48	47								
Alwyn Williams	49	Silverdale RC	42.9	36	44	45		41	44	40	45	45		44	45								
Steven Smith	46	Stone Master Marathoners	42.7	38	43	44		39	42	44	43	44		46	44								
Andy Morris	49	South Cheshire Harriers	40.2	33	38	41	45	37		38	40	42	46		42								
David Kivlin	47	South Cheshire Harriers	41.6	32	40		46	42	45	41	42	43			43								
Steve McCann	47	Stone Master Marathoners	45.8	41		48		45		42		47	48	47	48								
Dean Windsor	46	Unattached	41.1	39	41	38		38		43	41		44	45									
Richard Cooke	45	Stone Master Marathoners	41.6	35	42	42	43		40				47	42									
Barefoot Blade	45	Running at 40 Plus	37.0	27	35				38	36		41	43		39								
Darren Beach	49	South Cheshire Harriers	45.8			40	48	47	48	46													
Simon Bailey	47	Unattached	36.2	29	36			36	39	37				40									

Tom Mayell	47	Sandbach Striders	42.4	40	47				43	39				43									
Richard Cherrington	48	South Cheshire Harriers	39.4	31	39								45	41	41								
Lee Edginton	47	Rising Brook Runners	47.8	49	49			49			44												
Peter Gibbs	48	Stoke FIT	38.5	30		39	44		41														
Gareth Jones	46	Stone Master Marathoners	46.7	46	48	46																	
Matt Robinson	48	Newcastle (Staffs) AC	48.5	48						49													
Andrew Butterworth	46	Uttoxeter RR	45.5	45				46															
Eliot Powell	45	Stoke FIT	45.0	44							46												
Andrew Stazaker	47	Stone Master Marathoners	40.0	43	37																		
Jason Ashworth	47	Stoke FIT	39.5					40			39												
Ian Cawley	47	Lonely Goat RC	49.0			49																	
Matt Harper	49	Newcastle (Staffs) Tri	47.0	47																			
Lee Greatrex	49	Stone Master Marathoners	40.0												40								
Andrew Thompson	45	Stone Master Marathoners	34.0	34																			
Ian Tamburello	49	Stoke FIT	28.0	28																			
Patrick McGrillen	45	Stoke FIT	26.0	26																			
Male 50 to 54	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
James Simpson	50	Stoke FIT	42.7	35	40	45	46	41	40	44	41	42	44	47	47								
Paul Hancock	54	South Cheshire Harriers	49.9	50	50		50	50		50	50	49	50	50	50								
Steve Hallows	53	Stone Master Marathoners	37.2	28	37	42	41	36	32	39	35	35	36	45	40								
Andy Griffin	51	South Cheshire Harriers	44.6		38		47	45	43	46	44	44	45	48	46								
Julian Waldron	52	Trentham RC	45.8	41	45		48	47	45		46	45	47		48								
Bryn Holmes	52	Stone Master Marathoners	48.5	46	49	50	49	48	48		49			49									
Jason Riley	51	Newcastle(Staffs) Tri Cl	40.4	38	41	44	44	32	39			39	42		45								
Martin Parkinson	52	Unattached	34.4	26	34	39	39	30	31	37	31		34	43									
Lee Lycett	53	Audley RC	37.4		36	41	40	31		38	33	33		44	41								
Grahame Cope	53	Stone Master Marathoners	41.4	40				43	41		42	40	40		44								
John Scott	54	Stafford Harriers	47.3	44	47				49		47		48		49								
Simon Lewis	52	Stoke FIT	42.0	25	48	48			47	47	37												
Andrew Crosby	52	Blythe Bridge RC	35.7	30			42		33	40	34	36	35										
Cris Wood	50	Silverdale RC	41.3	34	42	47		44	38	43													
Duncan Richardson	52	Audley RC	35.0	29	35	40		33			32	34			42								
Rob Ibbs	54	Newcastle (Staffs) AC	38.2					37	35		36	37	38	46									
David Poole	51	Newcastle (Staffs) AC	45.2					46	44	45	45		46										
Chris Moss	54	Congleton Harriers	49.0	49				49	50			48											
Andy Pointon	50	Silverdale RC	38.2		39	43		34	37			38											
Mark Harrison	51	Cheadle RC	39.8	39	44			40	36														
Mark Wall	53	NSRRA	38.5	36				39			40		39										
Bernard Clarke	50	Mow Cop Runners	38.0	31			43			41			37										
Rob Bond	51	Staffordshire Moorlands	46.0	43						48		47											
Phil Rowley	53	City of Stoke AC	42.3	42					42			43											
John Myatt	54	Michelin AC	41.3	37			45	42															
Jolian Morris	53	Trentham RC	40.7	33	43	46																	
Andy Walker	54	Newcastle (Staffs) AC	49.5							49		50											
James Simpson	52	South Cheshire Harriers	47.5		46	49																	
Paul Glover	50	Stone Master Marathoners	45.5	45								46											
Mark Stackhouse	52	Rugeley Runners	42.5							42			43										
Tim West	54	Stoke FIT	42.5						46		39												
Ian Hodkinson	52	Stafford Harriers	42.0								43		41										
Paul Phillips	51	Stone Master Marathoners	38.0					35				41											
Mark Oliver	54	Stafford Harriers	36.0					38	34														
David Morrell	52	City of Stoke AC	49.0										49										
Glynn Pattinson	53	Cheadle RC	48.0	48																			
Michael Downes	50	Stone Master Marathoners	48.0								48												

Warren Thomas	51	Trentham RC	47.0	47																			
John Munton-Davies	50	Newcastle (Staffs) AC	43.0												43								
Andrew Clinton	54	NSRRA	38.0								38												
Rob Massey	52	Uttoxeter RR	32.0	32																			
Chris Moreton	50	Stoke FIT	27.0	27																			
Male 55 to 59	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Martyn Clare	59	Cannock & Stafford	45.8	47	38	44	47	45	46	48	48	46	47	46	47								
Gareth Brookes	56	Stone Master Marathoners	46.1	46	44		46	44	44	47	47	48	48	45	48								
Chris Colebourn	57	NSRRA	41.9	39	39	42	44	41	41	42	40	42	44	43	46								
Chris Brown	56	Stone Master Marathoners	47.2	45	46	49	49	46	50		42	49	49	47									
Tim Twentyman	58	Newcastle(Staffs) AC	50.0	50	50			50		50	50	50	50	50	50								
Andrew Cawthorne	55	Stone Master Marathoners	48.3	49	47	50	48	47	48					48	49								
Lee Kempson	55	Newcastle (Staffs) AC	48.1	43	48		50	48	49	49	49			49									
Stephen Moody	56	Stoke FIT	38.8	34	36	43	42	39	39	41	36	39											
Ken Gough	58	NSRRA	40.1			40	41			40	35	38	43	41	43								
Pete Chell	55	Stafford Harriers	43.7	42	43			43	43	45		45			45								
Ian Hancock	58	NSRRA	42.3	37	41	46	45			46	38	43											
David Clamp	55	Silverdale RC	41.1	35	40	45				44	37	41	46										
Dave Hudson	56	Silverdale RC	44.5				43	42	45		46	47		44									
Darren Redman	58	Unattached	40.7		37			38		43		40		42	44								
John Ferguson	56	South Cheshire Harriers	46.4	48	45	48			47		44												
Paul Burslem	58	Trentham RC	42.4	40	42	47					39	44											
Craig Johnson	56	NSRRA	38.5	33	35	41							45										
Richard Cordova	56	NSRRA	47.7		49			49			45												
Steve Plant	55	Stone Master Marathoners	35.0	31	34			37	38														
Ian Allen	59	NSRRA	33.3	30	33				37														
John Dobson	59	Silverdale RC	32.3	29	32			36															
Darren Pyatt	57	Stone Master Marathoners	42.5						42		43												
Nathan Walton	55	Newcastle (Staffs) AC	40.5						40		41												
Mark Dean	58	Staffordshire Moorlands	39.0	38				40															
Michael Maughan	55	Boalloy RC	44.0	44																			
Simon Bills	59	Unattached	41.0	41																			
Chris Ellerton	58	Stone Master Marathoners	36.0	36																			
Darren Storey	56	Newcastle (Staffs) AC	32.0	32																			
Male 60 to 64	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Trevor Hoyle	63	Silverdale RC	47.5	46	48	49	48	48		47	48	47	47	47	47								
Andy Thomas	60	Sandbach Striders	49.9	49	50			50	50	50	50		50	50	50								
James Daly	60	Trentham RC	48.3				50	49	48	48	49	48	46	48	49								
David Laxton	63	Unattached	48.2	47	49				47			49	49		48								
David Lewis	62	Nantwich RC	45.0	44							46	43		46	46								
Neil Reynolds	61	Stoke FIT	46.0	45				47			47	45											
Michael Beasley	60	Stone Master Marathoners	49.7	50					49			50											
Nitesh Thakrar	62	Stafford Harriers	48.0	48									48										
Dale Poulton	60	Velo Runner RC	47.5				49		46														
Stephen Woodward	63	Silverdale RC	45.0					46				44											
Mick Haire	61	Boalloy RC	50.0			50																	
David Roberts	61	Newcastle(Staffs) AC	49.0							49													
Andrew Wadsworth	64	Sparkhill Harriers	49.0											49									
Russell Williams	63	Cheadle RC	46.0									46											
Male 65 to 69	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Ken Shenton	66	Cheadle RC	48.6	48	47	50	49	49	49	48	48	49	49	48	49								
John Guest	65	Trentham RC	49.6	49	49		50	50	50	49	49	50	50	50	50								
Dennis Robinson	67	South Cheshire Harriers	47.7	47	46	49			48	47	47	48	48	49	48								
David Hebb	65	Stone Master Marathoners	46.7		44	48	47	48	47	46			46	47	47								

Colin Pheasant	68	Chase Harriers	45.2						46	45	46	45	45	44									
Malcolm Eustace	65	Cannock & Stafford	50.0	50	50					50	50												
Steven Locker	69	Unattached	47.7		48		48						47										
Clive Heathcock	67	South Cheshire Harriers	45.5	46										45									
Neil Regnauld	68	Newcastle (Staffs) AC	47.0									47											
Adrian Frost	65	Trentham RC	46.0									46											
Roy Clay	69	Stafford Harriers	46.0											46									
David Baker	68	Staffordshire Moorlands	45.0		45																		
Male 70 to 74	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Doug Alcock	72	Trentham RC	50.0	50	50		50	50	50	50	50	50	50		50								
Alan Challinor	71	Newcastle (Staffs) AC	49.1	49	49				49	49	49	49		50	49								
Malcolm Rushton	73	Trentham RC	47.8	48	48	50		48	47	47		46			48								
John Brown	71	Cheadle RC	48.2					49	48	48	48	48											
Nigel Lee	70	Newcastle (Staffs) AC	47.0									47											
Male 75 to 79	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
John Finney	78	Stafford Harriers	49.5	50	50			49	50	49	50	49			49								
Kevin Uzzell	76	Stone Master Marathoners	50.0			50	50	50		50		50	50		50								
Graham Williams	78	Stafford Harriers	48.7	49				48	49			48		50	48								
Robert Sissons	78	Silverdale RC	48.0						48														
Male 80 to 84	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Graham Bagnall	82	Alsager Runners	50.0	50	50				50		50	50			50								
Alan Lewis	83	Trentham RC	49.3					50			49	49			49								
John Bourne	81		49.0	49																			
Lady 16 to 34	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Amy Hamlett	30	South Cheshire Harriers	42.1	33	38		47		40	44	42	38	46	46	47								
Georgia Stanfield	25	Trentham	50.0	50				50	50	50	50	50		50	50								
Hannah Blundred	32	Go Team	48.3	48	46		50	49	48		48	47	50										
Caitlin Taylor	16	Newcastle (Staffs) AC	47.9	47	48			48	49		47	46		49	49								
Lizzi Reynolds	34	Sandbach Striders	43.1	41	42			43	43		41	40		47	48								
Carly Hall	34	Stoke FIT	44.6	38			49	45	44	46		42		48									
Olivia Brazier	31	NSRRA	44.4	42	44			40		47	46	44	48										
Julia Young	32	Newcastle (Staffs) AC	47.0	46				47	47	48		45	49										
Amy Rudnicki	33	Stoke FIT	39.6	34	36			39	41		43	39		45									
Rebekah Washington	28	Gator AC	38.7	31	35				39		40	36		44	46								
Chloe Guy	23	Unattached	37.8	30	34		46	37				37		43									
Hayley Cicatello	32	Audley RC	43.2	40				44		45	44	43											
Alice Dudley	22	Cheadle RC	42.8	43	43				42			41	45										
Charlotte Moore	33	Trentham RC	44.5	39		50	48	41															
Vicki Dolman	27	Stone Master Marathoners	42.0	36	41	49		42															
Jemma Green	23	Stone Master Marathoners	41.8	37	40				45		45												
Amy Oliver	24	Stafford Harriers	46.3					46	46				47										
Laura Barker	32	Trentham RC	35.7	32	37			38															
Isabella Shaw	23	City of Stoke AC	49.5	49	50																		
Clorinda Graham	26	Stone Master Marathoners	49.0		49						49												
Helen Minton	34	South Cheshire Harriers	48.5							49		48											
Hannah Hardy	28	Stone Master Marathoners	46.0	45	47																		
Lauren Ford	28	Stone Master Marathoners	44.5	44	45																		
Claire Green	33	Sandbach Striders	44.0		39							49											
Emma George	34	Nantwich RC	35.0	35																			
Lady 35 to 39	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Amanda Kelly	37	City of Stoke AC	50.0	50	50	50	50	50	50	50	50	50	50	50	50								
Laura Hancock	38	Stone Master Marathoners	48.3		48	49	49	49	48	49	48		47	48									
Carly Chawner	35	Stoke FIT	46.2	47	47		47	47		46	46		44	45	47								
Jane Steele	39	Trentham RC	46.9					45	47	47	47	49	46	46	48								

Steph Buckley	36	Unattached	48.7	49	49		48		49		49		48	49									
Heather Swift	37	NSRRA	42.5	37	44	46	44				40	43	43		43								
Simone Baggaley	36	Trentham RC	40.6	35		44	43	38	42		39	42			42								
Rachael Shankland	39	Stoke FIT	45.3	43				46	46			47	45	44	46								
Ellie Evans	38	Stone Master Marathoners	44.7	45				43	45	44	45	46			45								
Katie Harvey	37	Stoke FIT	43.1	40	46			41	43	43	44	45											
Kirsty Rollings	38	South Cheshire Harriers	42.5		43	45		40			41			42	44								
Vaida Bartulyte	37	South Cheshire Harriers	45.0	42			46	44		45		48											
Alicia Gilbert	37	Silverdale RC	48.0	48		48		48		48													
Liz Austin	38	Stafford Harriers	43.0					42	44		43			43									
Lucy Cartlidge	39	Audley RC	40.8	38				39			42	44											
Samantha Da Trindade	35	Silverdale RC	45.3	44		47	45																
Lucy Bexton	35	Audley RC	48.0											47	49								
Cheryl Percival	37	Nantwich RC	42.0	39	45																		
Donna Sykes	38	Uttoxeter RR	39.0	36	42																		
Kelly Butler	35	City of Stoke AC	49.0										49										
Emma Broadhurst	35	Newcastle (Staffs) Tri	46.0	46																			
Stefanie Ward	35	Unattached	41.0	41																			
Lady 40 to 44	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Julie Parry	43	Newcastle (Staffs) AC	49.8	50	50	49	49	50	50	50	50	50	50	50	50								
Helen Nicholls	43	Trentham RC	44.1	38	43	45	45	43	45	46	47	43	46										
Julianne Kettle	40	Newcastle(Staffs) AC	48.6	49	49	48		49	49			47	48	49	49								
Rebecca Ellis	42	Silverdale RC	46.1	42	46		47	45	47		48	45		47	48								
Emma Copeland	43	Audley RC	45.4	41	45	47		44	46	48	46	44		48									
Sarah Aitkenhead	42	Stafford Harriers	43.6	39	44			41	43		44		45	46	47								
Rachel Beach	44	South Cheshire Harriers	48.0	45			48	48	48	49	49	49											
Danielle Perry	41	South Cheshire Harriers	45.7	44			46	46		47	45	46											
Rachel Hall	43	Audley RC	43.0	40	42	46	44	42	44														
Natalie Boswell	42	Cannock & Stafford	49.0		48		50																
Michelle Dalgarno	44	Silverdale RC	48.5	48									49										
Kerry Hammonds	43	Unattached	47.5									48	47										
Suzanne Dale	42	South Cheshire Harriers	46.5	46	47																		
Anna Hollingworth	41	Midland Masters AC	50.0			50																	
Jacqueline Bailey	44	Stone Master Marathoners	47.0	47																			
Emma Roach	43	Newcastle (Staffs) Tri	47.0					47															
Rebecca Oakes	42	Newcastle (Staffs) Tri	43.0	43																			
Lady 45 to 49	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Helen Somers	48	Stone Master Marathoners	48.3	47	46	48	49	47	49	48	49	48	50	48	50								
Emma Phillips	45	Newcastle(Staffs) Tri Cl	43.7	28	44	47	48	42	44			45	47	46	46								
Louise Waldron-Kelly	48	Blythe Bridge RC	42.8	33	42	45	47	41	43	44	45	44		44									
Michelle Fox	48	Stone Master Marathoners	50.0	50	50	50	50	50		50		50		50									
Claire Kivlin	45	South Cheshire Harriers	49.1	48	49			49	50	49	50	49		49									
Kerry Podmore	49	South Cheshire Harriers	46.6	43		49		45	47	47		47	48		47								
Kerry Hopkinson	45	NSRRA	39.1	31	40			37	37		43	41		41	43								
Kate Hopkinson	45	NSRRA	38.9	30	39			36	38		42	40		42	44								
Sally Haycock	49	Stafford Harriers	45.5	41	43				46		46		49		48								
Emma Ford	49	NSRRA	44.2			46	46		40	43	44		46										
Sherrie Brereton	46	Nantwich RC	46.8					44		46	48			47	49								
Jane McFarlane	47	Newcastle (Staffs) AC	37.6	29	41			39	36					43									
Sharon Grattan	49	South Cheshire Harriers	44.3	39						45	47	46											
Sara Morris	48	Stone Master Marathoners	42.5	37	45			43	45														
Beth Dawid	45	Newcastle(Staffs) Tri C	47.0	45	48			48															
Luane Hill	48	South Cheshire Harriers	33.3	25	38			35	35														
Emma Boulton	46	Stone Master Marathoners	41.7								41	39	45										

Rachael Hayes	45	Blythe Bridge RC	39.3	35					41			42											
Rebecca Durham	47	Stone Master Marathoners	35.0	27				38			40												
Ellie Dick	45	Congleton Harriers	45.5	44	47																		
Fiona Bradley	46	Stone Master Marathoners	45.0	42					48														
Rebecca Ibbs	47	Newcastle (Staffs) AC	43.5						42					45									
Susan Vidler	49	South Cheshire Harriers	42.5	40											45								
Hayley Lowell	49	Stone Master Marathoners	39.5					40	39														
Lisa Ash	48	Blythe Bridge RC	37.5	32								43											
Karyn Oakley	46	Blythe Bridge RC	35.5	26			45																
Teresa Dunning	49	Newcastle (Staffs) AC	49.0	49																			
Richardson Juliette	49	Trentham	46.0					46															
Sally Jeavons	48	Stone Master Marathoners	46.0	46																			
Emma Lonczyk	46	Blythe Bridge RC	44.0			44																	
Izzy Cundy	48	Nantwich RC	38.0	38																			
Angela Ferguson	47	South Cheshire Harriers	36.0	36																			
Salli Hamilton	48	Stone Master Marathoners	34.0	34																			
Rachel Wallwork	45	Stoke FIT	24.0	24																			
Lady 50 to 54	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Sally Hallows	53	Stone Master Marathoners	48.6	47	48	48	49	48	49	49	50	49	49	49	48								
Joanne Stanfield	53	Trentham RC	50.0	50	50			50	50	50			50	50	50								
Diane Brassington	53	Silverdale RC	43.7	39	44			44	38	46	45	44	47		46								
Susan Twardochleb	51	Newcastle (Staffs) AC	48.8	48	49	49	50		48		48	50		48									
Deborah Clarke	53	Stoke FIT	43.0	37	40	46	46	41		44	43		46		44								
Mandy Bettaney	50	Trentham RC	45.5	40	46				43	47	47	46	48		47								
Melonie Deakin	54	Stafford Harriers	47.0	44	47			46	46		49	48			49								
Carole Stone	54	Stone Master Marathoners	42.6	38				42	39		44	43		47	45								
Ruth Farrell	50	Stoke FIT	45.6					45	44	48	46	45											
Louise Gibbs	52	Stoke FIT	45.0	43		47	48		42														
Jo Cordall	52	Stoke FIT	44.0	41	45		47	43															
Juliet Carter	54	South Cheshire Harriers	41.3	33	42	45				45													
Jane Osbourne	53	NSRRA	40.3		41			40	40														
Karen Griffiths	54	Stone Master Marathoners	36.7	34	39				37														
Jo Espley	50	Stafford Harriers	35.7	32				39	36														
Joanne Oliver	53	Stafford Harriers	47.0					47	47														
Julie Rowland	53	Unattached	45.5	46					45														
Helen Wassall	50	Boalloy RC	41.5	42					41														
Tracey Wadsworth	53	Stone Master Marathoners	40.5	36									45										
Melody Morris	51	Stoke FIT	39.0	35	43																		
Deb O'Neill	52	Trentham RC	50.0			50																	
Jo Moss	53	Sandbach Striders	49.0					49															
Kerry Widdowson	50	Trentham RC	49.0	49																			
Alison Condlyffe	52	Newcastle (Staffs) AC	47.0									47											
Sharon Morris	51	Trentham RC	45.0	45																			
Lady 55 to 59	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Paula Anderson	55	Silverdale RC	46.3	44	46	47	48	46	44	48	46	46			48								
Sarah Taylor	56	Trentham RC	50.0	50	50		50	50	50	50			50	50	50								
Nikki Towle	57	Stone Master Marathoners	48.8	48		49		48	49	49	49	49	49		49								
Denise Sandford	59	Uttoxeter RR	46.6	46	47			44	46		47	47	48	48									
Micheline Tremblay	59	South Cheshire Harriers	44.9	42		45				47	44	44		46	46								
Jane Holt	56	Unattached	49.2		49			49	48		50	50		49									
Lynda Clare	59	Cannock & Stafford	47.7	47	48	48		47			48	48											
Maxine Hough	58	South Cheshire Harriers	46.2	45	45				47					47	47								
Jenny Reynolds	59	Stoke FIT	44.6	43				45	45		45	45											
Lisa Wells	56	Stafford Harriers	49.3	49		50	49																

Maria Gaye	56	Blythe Bridge RC	43.0	41										45									
Charli Weller	55	Silverdale RC	46.0			46																	
Lady 60 to 64	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Carol Higgs	61	Trentham RC	50.0	50	50	50		50	50	50	50	50	50	50	50								
Hazel Barlow	62	Silverdale RC	45.5	43	45	46	46	46	44	48	45	46	46	45	46								
Julie Dudley	64	Cheadle RC	48.2	47	48	49			48	49	48	48	48	48	49								
Mandy Lewis	63	Nantwich RC	46.4	45	46	47		47	46	47	46	47		46	47								
Chris Skellern	61	Stafford Harriers	49.1	49	49		50	49	49		49	49	49	49									
Julie Nokes	64	Stafford Harriers	47.0	46		48	48	48	45		47		47										
Ange Morton	61	Stoke FIT	48.0		47		49								48								
Lesley Hughes	64	Stafford Harriers	43.7	42	44	45																	
Carol Astbury	60	Uttoxeter RR	47.0				47							47									
Christine Pezzaioli	64	Stoke FIT	42.0	41					43														
June Wray	61	Sandbach Striders	48.0	48																			
Ruth Edwards	64	Stafford Harriers	47.0						47														
Linda Fernyhough	61	NSRRA	44.0	44																			
Lady 65 to 69	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Sarah Gray	65	Stafford Harriers	49.7	50	50			49	49		50		50	50									
Sharn Hully	66	Stoke FIT	49.0	48			49		50		49			49									
Anne Thompson	67	Nantwich RC	49.5	49				50															
Wendy Spreadbury	68	Sandbach Striders	50.0				50																
Lady 70 to 74	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Liz Clutton	70	Cheadle RC	49.6		49				49			50		50	50								
Pam Davies	72	Stone Master Marathoners	49.6	49	50			50	50			49											
Christine Kilkenny	71	Cannock & Stafford	50.0	50							50												
Lady 75 to 79	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Pat Bentley	75	Trentham RC	49.7	50					50	50	49	49			50								
Elaine Statham	79	Congleton Harriers	50.0			50					50												
Sally Aldridge	77	Silverdale RC	49.5		50				49														
Dot Fellows	79	Cannock & Stafford	50.0									50											
Lady 80 to 84	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Rita Banks	80	Stone Master Marathoners	50.0	50	50				50	50	50	50	50	50	50								
Male Ranks	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Carl Moulton	44	Boalloy RC	99.6	99.4	98.4		98.6	100	100	100		100	100	100									
Sam Crozier	34	Newcastle(Staffs) AC	99.3		100	100				99.0	100	98.3		98.7									
Alex Mayne	22	City of Stoke AC	99.3	100	99.2		100	99.2	99.1			99.1	98.7										
Ross Connor	35	City of Stoke AC	98.4	98.8	97.5			98.4	98.2				97.5		100								
Ben Brereton	29	Newcastle (Staffs) AC	97.4									97.4											
Martin Pratt	40	Trentham RC	97.1	97.7	96.7	98.7	94.6	97.5		98.0	99.1	95.7	96.2										
Matt Eardley	42	City of Stoke AC	97.1	98.3	95.9	97.4			97.3	97.0		96.5											
Christian Prince	33	Gator AC	96.4	96.5	95.1			95.9			98.3												
Pat Buckingham	40	Trentham RC	96.2	97.1		96.1		96.7				94.8											
Shaun Ashworth	39	Velo Runner RC	95.4	95.4																			
Paul Sissons	43	Stone Master Marathoners	94.9		94.3		95.9		96.4		96.5	88.7		94.8	97.5								
Craig Taylor	42	Newcastle (Staffs) AC	94.7	93.6				87.7	95.5	96.0	97.4	93.9			98.8								
Oliver Stone	31	Rugeley Power Station	94.6	94.8	93.5	94.9		94.3	93.8	93.9	93.9		94.9	97.4									
Isaac Elkington	29	Staffs Moorlands AC	93.8	95.9			97.3	90.2	94.6			91.3		93.5									
James Cayzer	35	Unattached	93.4	92.5	91.8		91.9	95.1			95.7												
Steve Jones	47	NSRRA	92.1	93.1	91.0	92.3		89.4	92.9	90.9	92.2	89.6	93.7	92.2	96.3								
Aaron Jones	26	Velo Runner	92.1						91.1			93.1											
Adam Tyson	42	Newcastle (Staffs) AC	91.6	90.7	92.6	91.0	90.5	88.5	92.0	89.9	94.8			90.9	95.0								
Kieran Bedford	27	Gator AC	90.8	91.9	90.2			93.5	90.2		81.8	92.2		96.1									
Martin Cross	33	Stone Master Marathoners	90.8	86.7				91.8		94.9	90.4	90.4											
Paul Hancock	54	South Cheshire Harriers	90.3	89.6	89.4		93.2	92.6		92.9	91.3	84.4	91.1	89.6	88.9								

Ben Bewley	42	Newcastle (Staffs) AC	89.5	90.2	86.1	89.7		91.0			93.1	83.5			92.6								
Ben Marshall	32	Unattached	89.5							88.9	88.7	87.8	92.4										
Andy Walker	54	Newcastle (Staffs) AC	89.4							91.9		87.0											
Mark Silvester	34	Stafford Harriers	89.0	89.0																			
Tom Rushton	31	South Cheshire Harriers	88.1	86.1	87.7			86.9				86.1			93.8								
James Taylor	26	Newcastle(Staffs) AC	88.0	91.3	88.5					85.9	86.1	85.2			91.3								
Mathew Capper	34	Audley RC	87.6	88.4		88.4		85.3		87.9	87.8												
David Morrell	52	City of Stoke AC	87.3										87.3										
Malcolm Eustace	65	Cannock & Stafford	87.0	84.4	86.9					86.9	89.6												
Chris Moss	54	Congleton Harriers	85.9	87.3				86.1	89.3			80.9											
Glynn Pattinson	53	Cheadle RC	85.5	85.5																			
Simon Fawcett	43	Unattached	85.3	94.2		93.6						70.5		85.7	82.7								
Tom Young	36	Unattached	85.2												85.2								
Joseph Mayer	27	City of Stoke AC	85.0	83.8				84.5		84.8	87.0												
Bryn Holmes	52	Stone Master Marathoners	84.3	72.8	85.3	87.1	87.8	83.6	85.7		85.2			87.0									
Kieran Gilbert	37	Silverdale RC	83.8	87.8							74.8	82.6	89.8										
Lee Davies	39	Silverdale RC	83.0	79.2	84.5		89.2	82.0	88.4	81.8			79.7	81.8	80.2								
Chris Mosiuk	38	Trentham RC	82.9	83.2				81.2	83.9	77.8	80.0	81.8	83.5	84.4	90.1								
Alex Harford	43	Newcastle (Staffs) AC	82.1	68.7	82.8	85.9					83.5	80.0	86.0	83.1	86.4								
Ben Russell	37	Stoke FIT	81.0				81.0																
Matt Robinson	48	Newcastle (Staffs) AC	80.9	80.9						80.8													
Mick Haire	61	Boalloy RC	80.7			80.7																	
Tim Twentyman	58	Newcastle(Staffs) AC	80.0	73.4	80.4			80.4		82.8	78.3	75.7	88.6	79.2	81.4								
Sam Risillo	39	Stone Master Marathoners	79.7	73.9	83.6			79.5	81.3	83.8	80.9	79.2		71.3	83.9								
Pat Hudson	44	South Cheshire Harriers	79.7	79.7																			
Joshua Fieldhouse	26	Gator AC	79.3	84.9	67.3			82.8	87.5	70.7	82.6												
Michael Downes	50	Stone Master Marathoners	79.2								79.2												
Lee Turner	40	NSRRA	78.8	80.3	81.2						73.1	78.3	82.2	77.9									
Tom Woolliscroft	37	Gator AC	78.8	70.5	79.5			77.9	84.8	79.8	77.4	77.4	81.0	80.5									
Matt Harper	49	Newcastle (Staffs) Tri	78.6	78.6																			
John Scott	54	Stafford Harriers	78.5	71.1	73.8				86.6		75.7		84.8		79.0								
James Simpson	52	South Cheshire Harriers	78.2		73.0	83.3																	
Warren Thomas	51	Trentham RC	78.0	78.0																			
Paul Marshall	35	Trentham RC	77.5	82.1		84.6	85.1	76.3			69.6	74.8		70.0									
Christopher Seale	40	Stafford Harriers	77.0	76.8									77.2										
Dan Cawley	38	Boalloy RC	76.5	64.1	77.1		82.4		83.1	75.8													
Matt Killeen	44	Newcastle (Staffs) AC	76.4				78.3	78.7			73.9	73.1		76.6	77.7								
Ian Cawley	47	Lonely Goat RC	75.6			75.6																	
Mike Jay	41	Sandbach Striders	75.1	75.1																			
Lewis Edwards	30	South Cheshire Harriers	74.4	65.8	71.4	79.4	75.6		80.4	71.7		73.9	74.6	75.2	76.5								
Lee Edginton	47	Rising Brook Runners	74.4	82.6	82.0			77.1			55.7												
Dave Blundred	37	GO Team	73.7							73.7													
Thomas Steele	27	Gator AC	73.7	68.2	76.3			73.8	75.0		71.3		78.4	72.6									
Andrew Cawthorne	55	Stone Master Marathoners	72.5	66.4	70.5	76.9	76.9	72.2	75.9					68.7	72.8								
Tom Wise	34	Stone Master Marathoners	72.3	63.5	77.9	78.1		68.1			76.6		73.3	66.1	75.2								
Lee Kempson	55	Newcastle (Staffs) AC	72.3	50.2	72.2		83.7	74.6	76.8	76.8	70.5			73.9									
Rob Bond	51	Staffordshire Moorlands	72.3	69.9						74.7		72.2											
Paul Glover	50	Stone Master Marathoners	71.8	72.2								71.3											
Adam Marsland	38	Welland Valley Tri Club	71.6	71.6																			
Rob McCue	45	Stoke FIT	71.2	61.8	58.3	56.3	59.3	53.4	78.6	78.8	84.4	76.6		88.3	87.6								
Andrew Butterworth	46	Uttoxeter RR	70.6	76.3				64.8															
Gareth Jones	46	Stone Master Marathoners	70.5	77.4	68.9	65.3																	
Matt Craig	40	Stoke FIT	70.4					69.7	68.8	72.7													
Julian Waldron	52	Trentham RC	69.7	65.3	66.5		71.5	71.4	72.4		68.7	67.9	72.1		71.5								

Andrew Cooke	44	Michelin AC	69.5	49.1			86.4	73.0															
Richard Cordova	56	NSRRA	69.5		74.6			75.5			58.3												
Steven Jennings	44	Stoke FIT	69.3	69.3																			
Eliot Powell	45	Stoke FIT	69.2	75.7							62.7												
David Tudor	40	NSRRA	69.1	56.6		60.1		67.3	82.2		72.2	69.6	75.9										
Andrew Brownsword	45	Newcastle (Staffs) AC	68.6				70.2	70.5	70.6	65.7	67.9	67.0	70.8	64.8	70.3								
Joe Clapham	37	Trentham RC	68.0	60.6		71.7	72.9		69.7			65.3											
Gareth Copley-Jones	43	Silverdale RC	67.9			67.9																	
Marcus Pearson	27	Stoke FIT	67.0	67.0																			
Chris Brown	56	Stone Master Marathoners	66.9	52.5	68.1	74.3	79.7	68.9	79.5		44.4	68.7	65.7	67.4									
Rich Keen	35	Gator AC	66.2	61.2	69.7	73.0	74.2	56.6		63.6	65.3												
Christopher Morgan	41	City of Stoke AC	64.7	64.7																			
David Poole	51	Newcastle (Staffs) AC	64.5					61.5	67.0	59.6	66.1		68.3										
Andy Thomas	60	Sandbach Striders	63.7	53.1	59.9			65.6	67.9	69.7	60.9		64.5	62.2	69.1								
Paul Elton	48	Blythe Bridge RC	63.2	42.7	60.7	66.6	68.8	59.9	66.1	68.7	67.0	63.5			67.8								
John Ferguson	56	South Cheshire Harriers	63.2	60.1	64.8	69.1			65.2		56.6												
Steve McCann	47	Stone Master Marathoners	63.1	54.3		70.4		63.2		48.5		64.4	69.5	60.9	74.0								
Phil Rowley	53	City of Stoke AC	62.8	67.6					59.0			61.8											
Chris Ridgway	40	Congleton Harriers	62.4	62.4																			
Darren Beach	49	South Cheshire Harriers	61.2			31.9	67.5	66.5	73.2	66.7													
Andy Griffin	51	South Cheshire Harriers	60.3		37.0		66.1	59.1	60.8	64.6	61.8	62.7	67.0	63.5	60.4								
Leo Wheeler	35	Silverdale RC	59.7	43.8	59.1	62.7	64.7	58.3	59.9	61.6	60.1	60.9	60.7	59.6	65.4								
Paul Hall	37	Stoke Fit	58.9	58.9																			
Stephen Wright	44	Sandbach Striders	58.8	54.8	65.6		52.5	64.0	64.3	51.5													
Liam Astley	31	South Cheshire Harriers	58.3	58.3																			
Gareth Brookes	56	Stone Master Marathoners	56.3	55.4	64.0		44.4	54.2	54.5	49.5	63.5	60.1	63.2	44.0	66.6								
Simon Lewis	52	Stoke FIT	56.2	3.9	78.7	82.0			77.7	67.7	27.1												
Andy Torbitt	36	Silverdale RC	56.0	56.0																			
John Guest	65	Trentham RC	55.8	43.3	57.5		62.0	55.0	61.6	55.6	53.1	54.8	56.8	54.4	59.2								
Martyn Clare	59	Cannock & Stafford	55.7	57.7	24.7	30.6	63.4	62.4	62.5	60.6	64.4	57.4	61.9	58.3	64.1								
David Nimmo	42	South Cheshire Harriers	54.2	53.7	61.5	53.7		46.8	55.4														
Tim West	54	Stoke FIT	53.2						74.1		32.3												
David Roberts	61	Newcastle(Staffs) AC	52.5							52.5													
Martin Haines	33	Unattached	52.5	51.9	48.5				63.4		46.2												
Chris Hallsworth	39	Lonely Goat RC	52.1	39.8	46.8	47.3		52.5	53.6	57.6		56.6		57.0	57.9								
Alwyn Williams	49	Silverdale RC	52.1	41.5	54.2	61.4		47.6	47.4	43.4	57.4	55.7		49.2	62.9								
Michael Beasley	60	Stone Master Marathoners	52.0	57.2					52.7			46.2											
Ian Hodkinson	52	Stafford Harriers	51.8								50.5		53.0										
Steven Smith	46	Stone Master Marathoners	51.6	47.3	53.4	57.6		41.9	43.8	62.6	51.4	50.5		53.1	54.2								
Grahame Cope	53	Stone Master Marathoners	51.5	59.5				51.7	58.1		48.8	51.4	44.2		46.8								
James Simpson	50	Stoke FIT	51.2	37.5	41.1	49.9	56.6	41.1	51.8	58.6	47.0	59.2	58.1	51.8	61.6								
Michael Maughan	55	Boalloy RC	50.8	50.8																			
Doug Alcock	72	Trentham RC	50.8	45.0	50.9		53.9	49.3	50.1	54.5	47.9	48.8	51.8		55.4								
Mark Stackhouse	52	Rugeley Runners	50.5							45.4			55.6										
Alex Laney	37	Trentham RC	50.5	62.9					22.4			66.1											
Darren Pyatt	57	Stone Master Marathoners	50.3						48.3		52.2												
Sam Chappell	44	Trentham RC	49.9	40.4									59.4										
Edward Swann	42	NSRRA	49.5	46.7	51.7	64.0	60.7	57.5	28.6	34.3	43.6	53.1	49.2	55.7	49.3								
Andrew Stazaker	47	Stone Master Marathoners	49.2	74.5	23.9																		
Tom Mayell	47	Sandbach Striders	48.7	51.4	62.4				46.5	36.4				46.6									
Matthew Jones	42	NSSRA	48.2		55.0	58.9	43.0		35.8														
Dave Hudson	56	Silverdale RC	48.1				28.1	46.0	57.2		59.2	58.3		40.1									
Andrew Wadsworth	64	Sparkhill Harriers	47.9											47.9									
David Kivlin	47	South Cheshire Harriers	47.9	31.1	43.5		58.0	48.5	56.3	46.5	49.6	47.0			50.5								

Pete Chell	55	Stafford Harriers	47.5	49.6	63.2			50.9	49.2	39.4		44.4			35.6								
Dan Woolliscroft	32	Gator AC	47.1	48.5	50.1			50.1		38.4	42.7				53.0								
Nitesh Thakrar	62	Stafford Harriers	46.8	45.6									48.0										
Cris Wood	50	Silverdale RC	46.6	34.0	44.4	52.4		55.8	36.7	56.6													
John Myatt	54	Michelin AC	46.3	39.2			55.2	44.4															
Jake Oliver	20	Stafford Harriers	45.9					42.7	41.1		54.0												
Jolian Morris	53	Trentham RC	44.6	33.4	49.3	51.1																	
Antonio Treglia	43	Stafford Harriers	44.3						45.6				45.4		41.8								
David Laxton	63	Unattached	43.7	36.9	46.0				42.9			41.8	50.5		44.3								
Peter Richardson	43	Cheadle RC	43.1												43.1								
Rob Mottram	36	Audley RC	43.1	35.7	52.5		41.7	40.3	42.0	44.4	38.3	49.6											
Paul Burslem	58	Trentham RC	43.0	27.6	55.8	55.0					36.6	40.1											
Jason Riley	51	Newcastle(Staffs) Tri Cl	43.0	42.1	41.9	48.6	49.8	12.5	38.5			42.7	54.3		56.7								
Christopher Swann	41	South Cheshire Harriers	42.6	44.4	40.3	46.0	48.5	37.0	44.7	42.4	39.2	52.2	42.9	38.8	34.4								
James Daly	60	Trentham RC	41.9				51.2	45.2	50.9	47.5	45.3	39.2	9.9	42.7	45.6								
Mark Harrison	51	Cheadle RC	41.6	46.2	56.6			38.6	25.1														
Daniel Evans	33	Maryhill Harriers	40.0	34.6	6.7	43.4		60.7			54.8												
Tom Davall	32	Stafford Harriers	39.0							53.5				24.4									
Dean Windsor	46	Unattached	38.1	47.9	45.2	22.9		39.5		50.5	33.1		15.0	50.5									
Marc Willett	38	Stoke FIT	37.9					28.0	32.2		37.5	47.9	41.6	37.5	40.6								
Scott McCue	16	Stoke FIT	37.8	25.9	34.5		47.1	32.9	26.9	32.3	35.7	45.3		45.3	51.7								
Colin McEvoy	44	Trentham RC	37.1	81.5	75.5	2.3			71.5	23.2	3.6	1.9											
Matt Walker	34	NSRRA	37.0	24.7				33.7		35.3	30.5	35.7	46.7	41.4	48.0								
Mark Wall	53	NSRRA	37.0	38.1				34.5			34.9		40.3										
Ian Hancock	58	NSRRA	36.9	23.0	39.5	42.1	40.3			41.4	34.0	38.3											
Andrew Thompson	45	Stone Master Marathoners	36.3	36.3																			
Thomas Herward	21	NSRRA	36.2					36.2															
Nathan Walton	55	Newcastle (Staffs) AC	35.7						29.5		41.8												
Andrew Kane	44	Trentham RC	35.3	14.3	33.7	39.6	36.3	29.6	39.4	37.4	40.9	43.6	37.8										
Paul Phillips	51	Stone Master Marathoners	35.3					16.5				54.0											
Simon Bills	59	Unattached	35.2	35.2																			
Dale Poulton	60	Velo Runner RC	34.9				34.9		34.9														
Richard Cooke	45	Stone Master Marathoners	33.4	38.6	47.6	44.7	6.4		31.3				36.5	28.4									
James Tutton	43	Stoke FIT	33.3	30.5	42.7	37.0	45.8	28.8	34.0	31.3	26.2	34.0	34.0	32.3	23.3								
Ken Shenton	66	Cheadle RC	32.3	31.7	29.6	38.3	39.0	32.1	18.8	40.4	31.4	36.6	39.1	19.2	31.9								
Andy Morris	49	South Cheshire Harriers	32.3	32.3	25.5	34.4	25.4	37.8		27.3	29.7	40.9	30.2		39.4								
Oliver Grocott	30	Unattached	32.2		32.9		33.5	24.7	37.6	33.3	27.9		35.3	31.0	33.2								
Peter Harris	35	South Cheshire Harriers	32.1	40.9	37.8	17.7																	
Nathan Kapp	32	South Cheshire Harriers	31.8	29.9	36.2	29.3																	
Chris Colebourn	57	NSRRA	30.8	26.5	28.8	25.4	30.8	35.4	30.4	17.2	40.1	37.5	22.6	36.2	38.1								
Kevin Uzzell	76	Stone Master Marathoners	29.7			40.9	37.6	23.9		30.3		27.1	21.3		27.0								
Steven Locker	69	Unattached	29.1		31.3		32.2						23.8										
Andrew Clinton	54	NSRRA	28.8								28.8												
Chris Hall	40	Audley RC	27.8	29.4	23.1	15.1	17.3	31.3	40.2	29.3					36.9								
David Clamp	55	Silverdale RC	27.7	18.9	35.4	33.1				20.2	25.3	29.7	31.5										
Daniel Lambourne-Gib	44	Newcastle(Staffs) AC	27.7										27.7										
Andy Pointon	50	Silverdale RC	27.7		38.6	24.1		14.9	26.0			34.9											
Richard Cherrington	48	South Cheshire Harriers	27.4	28.8	28.0								25.1	25.8	29.5								
Alan Challinor	71	Newcastle (Staffs) AC	26.6	21.8	32.1				27.8	25.2	22.7	25.3		33.6	24.5								
Jason Ashworth	47	Stoke FIT	25.7					43.5			7.9												
Dennis Robinson	67	South Cheshire Harriers	25.4	24.2	19.0	35.7			17.1	28.3	21.0	28.8	28.9	20.5	30.7								
Mark Dean	58	Staffordshire Moorlands	25.4	23.6				27.2															
Rob Massey	52	Uttoxeter RR	25.3	25.3																			
Matthew Kingston	30	Essington Harriers	25.0	27.1	22.3		24.1			16.2	18.4	32.3		34.9									

Peter Gibbs	48	Stoke FIT	24.6	28.2		28.0	9.1		33.1														
Rob Ibbs	54	Newcastle (Staffs) AC	24.4					23.1	23.3		20.1	30.5	20.0	29.7									
Mark Oliver	54	Stafford Harriers	24.0					26.4	21.5														
Mark Gibson	44	Trentham RC	23.8					25.5	24.2		23.6			21.8									
Trevor Hoyle	63	Silverdale RC	23.8	20.1	19.8	20.3	29.5	30.5		24.2	19.2	26.2	16.2	27.1	28.2								
Neil Regnauld	68	Newcastle (Staffs) AC	23.6									23.6											
Jonathan Green	42	South Cheshire Harriers	23.4	21.3	21.5		26.8	10.8	17.9		24.4	31.4	32.7										
Ben Freeman	37	South Cheshire Harriers	22.9	32.8	27.2	12.6	13.2	19.8	20.6	26.3	21.8	33.1	18.8		25.8								
Chris Ellerton	58	Stone Master Marathoners	22.4	22.4																			
John Munton-Davies	50	Newcastle (Staffs) AC	22.0												22.0								
Russell Williams	63	Cheadle RC	21.8									21.8											
Giovanni Capodici	35	Silverdale RC	20.7	20.7	30.5			14.1				17.5											
Craig Johnson	56	NSRRA	19.6	14.9	15.7	21.6							26.4										
Rob Sillito	35	Stoke FIT	19.0	19.5	26.4		22.7		16.2	14.1	17.5	22.7	12.4		19.6								
David Wallace	38	Stoke FIT	19.0					19.0															
Bernard Clarke	50	Mow Cop Runners	18.9	18.4			18.6			21.2			17.5										
Darren Redman	58	Unattached	18.5		18.2			18.2		19.2		20.1		17.9	17.1								
David Wain	41	Silverdale RC	18.3	16.1	10.8	16.4	10.5	22.3	19.7	22.2	16.6	27.9	13.7	23.1	20.8								
Stephen Moody	56	Stoke FIT	17.8	15.5	17.4	26.7	21.3	20.6	15.3	13.1	14.9	15.8											
Norbert Duszynski	23	Unattached	17.7	10.3	20.6		11.8	21.5				24.4											
Jon Hillman	40	NSRRA	16.8		16.5	19.0	20.0				10.6			16.6	18.3								
Andrew Crosby	52	Blythe Bridge RC	14.7	16.6			15.9		13.5	18.2	14.0	18.4	6.1										
Chris Turner	38	Biddulph RC	14.7		11.6	13.9	14.6		11.7	15.1		21.0											
Neil Reynolds	61	Stoke FIT	14.6	17.8				10.0			11.4	19.2											
Steve Plant	55	Stone Master Marathoners	14.3	12.0	14.9			15.7	14.4														
Roy Clay	69	Stafford Harriers	12.7											12.7									
Steve Hallows	53	Stone Master Marathoners	12.7	10.8	14.1	11.3	7.8	17.4	12.6	12.1	15.8	16.6	7.3	14.0	12.1								
Darren Storey	56	Newcastle (Staffs) AC	12.6	12.6																			
Adrian Frost	65	Trentham RC	12.3									12.3											
Duncan Richardson	52	Audley RC	12.2	13.7	12.5	7.4		13.3			8.8	14.9			14.6								
James Warburton	43	Unattached	12.1	17.2				9.2			12.3	13.2	8.6										
Clive Heathcock	67	South Cheshire Harriers	11.4	11.4										11.4									
Lee Lycett	53	Audley RC	11.1		13.3	10.0	5.1	11.6		10.1	13.2	14.0		8.8	13.4								
Lee Greatrex	49	Stone Master Marathoners	9.7												9.7								
Simon Bailey	47	Unattached	9.6	13.2	10.0			7.5	9.9	7.1				10.1									
David Hebb	65	Stone Master Marathoners	9.2		3.5	8.7	2.4	5.9	10.8	9.1			11.2	15.3	15.9								
Chris Moreton	50	Stoke FIT	9.1	9.1																			
Graham Bagnall	82	Alsager Runners	8.7	7.4	8.4				8.1		9.7	11.4			7.2								
Ian Allen	59	NSRRA	8.7	9.7	9.2				7.2														
John Finney	78	Stafford Harriers	8.1	5.6	7.5			6.7	9.0	11.1	7.1	9.7			8.4								
Ian Tamburello	49	Stoke FIT	7.9	7.9																			
John Dobson	59	Silverdale RC	7.6	8.5	5.9			8.4															
Nigel Lee	70	Newcastle (Staffs) AC	7.1									7.1											
Ken Gough	58	NSRRA	7.0			6.1	3.7			6.1	6.2	10.6	4.8	7.5	10.9								
Daniel Young	41	Stoke FIT	6.8	6.8																			
John Brown	71	Cheadle RC	6.4					4.3	6.4	8.1	5.3	7.9											
Graham Williams	78	Stafford Harriers	5.1	3.3				3.5	5.5			6.2		6.2	6.0								
John Alcock	41	Newcastle(Staffs) Tri Cl	5.1		5.1																		
Patrick McGrillen	45	Stoke FIT	5.1	5.1																			
Alan Lewis	83	Trentham RC	4.7					5.1			4.5	4.5			4.7								
Barefoot Blade	45	Running at 40 Plus	4.6	6.2	1.8				4.6	4.0		8.8	3.5		3.5								
David Baker	68	Staffordshire Moorlands	4.3		4.3																		
Robert Sissons	78	Silverdale RC	3.7						3.7														
Martin Parkinson	52	Unattached	3.1	4.5	2.6	4.9	1.0	2.6	2.8	3.0	2.7		2.3	4.9									

Malcolm Rushton	73	Trentham RC	2.8	1.6	1.0	3.6		1.8	1.9	5.0		5.3			2.2								
David Lewis	62	Nantwich RC	2.4	2.7							1.9	2.7		3.6	1.0								
Stephen Woodward	63	Silverdale RC	2.3					1.0				3.6											
David Percival	36	South Cheshire Harriers	2.2	2.2																			
Stuart Gregory	38	Desford Striders	1.8			1.0				2.0				2.3									
Colin Pheasant	68	Chase Harriers	1.0						1.0	1.0	1.0	1.0	1.0	1.0									
John Bourne	81		1.0	1.0																			
Lady Ranks	**Age**	**Club**	**Ave**	**A5**	**CT**	**MH**	**UH**	**CT**	**W5**	**MB**	**ST**	**C4**	**RT**	**SK**	**I5**	**S5**	**SC**	**NT**	**CH**	**WT**	**MB**	**FF**	**CT**
Georgia Stanfield	25	Trentham	99.8	100				100	98.8	100	100	100		100	100								
Amanda Kelly	37	City of Stoke AC	99.0	98.4	100	100	100	98.7	100	97.8	98.5	98.5	100	98.1	97.8								
Isabella Shaw	23	City of Stoke AC	98.9	99.2	98.7																		
Anna Hollingworth	41	Midland Masters AC	97.5			97.5																	
Joanne Stanfield	53	Trentham RC	96.9	97.6	97.4			97.5	97.6	95.5			97.6	96.1	95.6								
Kelly Butler	35	City of Stoke AC	95.2										95.2										
Sarah Taylor	56	Trentham RC	94.7	95.1	94.9		97.5	95.0	96.3	93.2			92.8	94.2	93.4								
Teresa Dunning	49	Newcastle (Staffs) AC	94.3	94.3																			
Michelle Fox	48	Stone Master Marathoners	93.1	96.8	93.6	95.0	95.0	96.2		91.0		92.7		84.5									
Deb O'Neill	52	Trentham RC	92.6			92.6																	
Jo Moss	53	Sandbach Striders	92.5					92.5															
Steph Buckley	36	Unattached	92.1	95.9	96.1		80.2		95.1		97.0		90.3	90.3									
Carol Higgs	61	Trentham RC	91.8	93.5	92.3	87.6		93.7	93.9	86.5	95.6	95.6	87.9	92.2	91.2								
Clorinda Graham	26	Stone Master Marathoners	91.8		91.0						92.6												
Claire Kivlin	45	South Cheshire Harriers	89.9	91.9	88.4			91.2	92.7	88.8	94.1	91.3		80.6									
Kerry Widdowson	50	Trentham RC	88.6	88.6																			
Lisa Wells	56	Stafford Harriers	88.5	92.7		85.2	87.6																
Laura Hancock	38	Stone Master Marathoners	88.3		89.7	90.1	90.1	86.2	91.4	84.2	91.1		83.1	88.4									
Helen Minton	34	South Cheshire Harriers	88.1							82.0		94.2											
Chris Skellern	61	Stafford Harriers	87.2	90.3	83.3		82.7	88.7	90.2		89.7	88.4	85.5	86.4									
Sally Jeavons	48	Stone Master Marathoners	87.0	87.0																			
Beth Dawid	45	Newcastle(Staffs) Tri C	86.5	86.2	85.9			87.5															
Hannah Blundred	32	Go Team	86.0	91.1	79.4		85.2	90.0	86.6		88.2	86.9	80.7										
Caitlin Taylor	16	Newcastle (Staffs) AC	85.7	84.6	87.1			85.0	89.0		85.2	85.4		82.5	86.8								
Julie Parry	43	Newcastle (Staffs) AC	83.7	87.8	84.6	82.7	77.7	83.7	87.8	79.8	86.7	89.8	75.9	78.6	89.0								
Emma Broadhurst	35	Newcastle (Staffs) Tri	81.3	81.3																			
Hannah Hardy	28	Stone Master Marathoners	80.8	79.7	82.0																		
Lucy Bexton	35	Audley RC	80.6											76.7	84.6								
Ellie Dick	45	Congleton Harriers	80.6	80.5	80.7																		
Christine Kilkenny	71	Cannock & Stafford	80.2	78.1							82.3												
Julia Young	32	Newcastle (Staffs) AC	79.9	83.8				79.9	82.9	75.2		84.0	73.4										
Alicia Gilbert	37	Silverdale RC	79.6	85.4		72.8		82.5		77.5													
Lauren Ford	28	Stone Master Marathoners	77.9	78.9	76.9																		
Richardson Juliette	49	Trentham	77.4					77.4															
Jane Steele	39	Trentham RC	77.3					69.9	84.1	70.8	83.7	81.1	78.3	72.8	78.0								
Natalie Boswell	42	Cannock & Stafford	77.0		61.4		92.6																
Julianne Kettle	40	Newcastle(Staffs) AC	76.8	83.0	75.6	80.2		73.7	80.4			72.3	68.6	74.8	82.4								
Fiona Bradley	46	Stone Master Marathoners	76.0	74.0					78.0														
June Wray	61	Sandbach Striders	75.7	75.7																			
Helen Somers	48	Stone Master Marathoners	75.2	89.5	65.3	65.4	75.2	81.2	85.3	73.0	79.3	79.6	63.8	65.1	80.2								
Jane Holt	56	Unattached	75.1		73.0			78.7	76.8		77.8	75.2		68.9									
Michelle Dalgarno	44	Silverdale RC	74.2	77.3									71.0										
Nikki Towle	57	Stone Master Marathoners	73.0	76.5		77.7		76.2	81.7	68.5	74.9	70.9	61.4		69.2								
Carly Chawner	35	Stoke FIT	72.1	82.1	78.1		72.8	74.9		66.2	71.9		56.5	70.9	75.8								
Kerry Hammonds	43	Unattached	71.4									76.7	66.2										
Rachel Beach	44	South Cheshire Harriers	70.2	61.0			55.4	68.7	79.2	64.0	80.8	82.5											

Rachael Shankland	39	Stoke FIT	70.1	69.2				72.4	75.6			73.8	59.0	67.0	73.6								
Jacqueline Bailey	44	Stone Master Marathoners	68.4	68.4																			
Vaida Bartulyte	37	South Cheshire Harriers	68.2	64.3			70.3	66.2		61.8		78.2											
Claire Green	33	Sandbach Striders	67.7		38.3							97.1											
Kerry Podmore	49	South Cheshire Harriers	66.8	74.8		75.2		71.2	74.3	59.5		65.1	49.3		64.8								
Joanne Oliver	53	Stafford Harriers	65.9					64.9	67.0														
Wendy Spreadbury	68	Sandbach Striders	65.4				65.4																
Julie Dudley	64	Cheadle RC	65.1	73.2	74.3	67.8			63.3	48.2	76.4	69.4	54.1	61.2	62.6								
Susan Twardochleb	51	Newcastle (Staffs) AC	65.0	67.5	71.7	62.9	67.8		70.7		60.1	63.6		55.4									
Lynda Clare	59	Cannock & Stafford	64.8	71.6	69.1	70.3		61.2			58.6	57.8											
Samantha Da Trindade	35	Silverdale RC	64.7	70.8		60.4	62.9																
Sherrie Brereton	46	Nantwich RC	64.1					59.9		52.8	73.4			63.1	71.4								
Ellie Evans	38	Stone Master Marathoners	64.0	72.4				62.4	69.4	57.2	64.5	68.0			53.8								
Pam Davies	72	Stone Master Marathoners	62.8	70.0	70.4			63.7	68.2			41.8											
Sally Hallows	53	Stone Master Marathoners	60.6	65.9	66.6	57.9	60.4	67.4	73.1	50.5	63.1	62.1	44.5	59.2	56.0								
Sally Haycock	49	Stafford Harriers	60.2	59.4	52.4				64.6		66.0		51.7		67.0								
Julie Rowland	53	Unattached	60.2	61.9					58.4														
Melonie Deakin	54	Stafford Harriers	59.9	53.7	62.7			56.1	65.8		61.6	59.2			60.4								
Ruth Edwards	64	Stafford Harriers	59.7						59.7														
Suzanne Dale	42	South Cheshire Harriers	59.3	63.5	55.0																		
Sara Morris	48	Stone Master Marathoners	59.0	51.3	64.0			58.6	62.1														
Sharon Grattan	49	South Cheshire Harriers	58.0	57.8						46.0	67.5	60.7											
Emma Roach	43	Newcastle (Staffs) Tri	57.4					57.4															
Olivia Brazier	31	NSRRA	57.4	65.1	67.9			29.8		55.0	70.4	66.5	46.9										
Izzy Cundy	48	Nantwich RC	57.0	57.0																			
Rebecca Oakes	42	Newcastle (Staffs) Tri	55.4	55.4																			
Sharon Morris	51	Trentham RC	54.6	54.6																			
Ange Morton	61	Stoke FIT	54.2		57.6		57.9								47.2								
Susan Vidler	49	South Cheshire Harriers	54.0	58.6											49.4								
Alison Condlyffe	52	Newcastle (Staffs) AC	53.4									53.4											
Amy Oliver	24	Stafford Harriers	52.6					54.9	60.9				42.0										
Jemma Green	23	Stone Master Marathoners	52.2	39.1	44.7				56.0		69.0												
Stefanie Ward	35	Unattached	52.1	52.1																			
Angela Ferguson	47	South Cheshire Harriers	50.5	50.5																			
Rebecca Ellis	42	Silverdale RC	50.4	42.4	48.6		45.6	52.4	57.2		55.7	50.5		49.5	51.6								
Dot Fellows	79	Cannock & Stafford	49.0									49.0											
Emma Phillips	45	Newcastle(Staffs) Tri Cl	48.9	30.2	58.9	55.4	53.0	49.9	51.1			40.3	34.8	57.3	58.2								
Louise Gibbs	52	Stoke FIT	48.0	49.7		53.0	43.1		46.2														
Denise Sandford	59	Uttoxeter RR	47.9	56.2	53.7			38.6	48.7		54.2	47.6	32.4	51.5									
Liz Clutton	70	Cheadle RC	47.2		47.3				47.4			54.9		45.6	40.6								
Hayley Cicatello	32	Audley RC	46.9	48.9				48.6		28.0	57.1	52.0											
Danielle Perry	41	South Cheshire Harriers	46.6	60.2			35.6	53.6		39.2	35.0	56.3											
Liz Austin	38	Stafford Harriers	46.1					43.6	45.0		48.3			47.6									
Alice Dudley	22	Cheadle RC	44.4	66.7	60.1				27.9			44.7	22.7										
Carly Hall	34	Stoke FIT	44.2	40.8			48.0	51.1	53.6	30.2		46.1		39.8									
Paula Anderson	55	Silverdale RC	43.9	48.1	43.4	48.0	50.5	44.9	34.0	34.8	49.8	43.2			42.8								
Vicki Dolman	27	Stone Master Marathoners	43.7	38.3	49.9	45.6		41.1															
Mandy Bettaney	50	Trentham RC	43.5	36.7	46.0				52.3	37.0	52.7	38.9	39.6		45.0								
Lizzi Reynolds	34	Sandbach Striders	43.2	62.7	56.3			47.4	49.9		33.5	25.8		35.9	34.0								
Maxine Hough	58	South Cheshire Harriers	42.7	52.9	24.1				71.9					26.2	38.4								
Charlotte Moore	33	Trentham RC	42.6	43.2		50.5	40.6	36.1															
Helen Wassall	50	Boalloy RC	42.5	47.3					37.7														
Ruth Farrell	50	Stoke FIT	42.3					39.8	54.8	41.5	43.9	31.6											
Jenny Reynolds	59	Stoke FIT	41.7	44.8				42.4	41.3		42.4	37.4											

Salli Hamilton	48	Stone Master Marathoners	41.6	41.6																			
Rebecca Ibbs	47	Newcastle (Staffs) AC	40.9						40.1					41.8									
Katie Harvey	37	Stoke FIT	40.6	44.0	51.1			37.3	43.8	21.2	51.2	35.9											
Emma Copeland	43	Audley RC	39.4	27.8	39.6	40.6		46.1	36.4	43.8	36.5	30.1		53.4									
Jo Cordall	52	Stoke FIT	37.3	46.4	40.9		33.2	28.6															
Rachael Hayes	45	Blythe Bridge RC	37.2	45.6					38.9			27.2											
Louise Waldron-Kelly	48	Blythe Bridge RC	35.9	40.0	35.7	35.6	28.2	33.6	42.6	25.8	45.3	34.5		37.9									
Cheryl Percival	37	Nantwich RC	35.8	29.4	42.1																		
Lisa Ash	48	Blythe Bridge RC	35.3	37.5								33.0											
Emma George	34	Nantwich RC	33.5	33.5																			
Carol Astbury	60	Uttoxeter RR	32.3				20.8							43.7									
Helen Nicholls	43	Trentham RC	32.2	14.8	28.0	33.2	30.7	34.8	35.2	32.5	46.8	28.7	37.2										
Hayley Lowell	49	Stone Master Marathoners	32.0					32.3	31.6														
Charli Weller	55	Silverdale RC	30.7			30.7																	
Diane Brassington	53	Silverdale RC	30.0	35.9	37.0			31.1	21.8	23.5	39.4	24.3	25.1		31.8								
Emma Ford	49	NSRRA	28.5			43.1	25.8		32.8	10.0	29.1		30.0										
Amy Rudnicki	33	Stoke FIT	28.0	32.6	19.0			26.1	26.7		40.9	22.8		28.2									
Amy Hamlett	30	South Cheshire Harriers	27.9	31.0	25.4		38.1		19.3	19.0	37.9	21.4	27.6	30.1	29.6								
Jane McFarlane	47	Newcastle (Staffs) AC	27.3	31.8	34.4			24.8	23.0					22.4									
Rachel Hall	43	Audley RC	26.3	27.0	26.7	38.1	18.3	27.3	20.6														
Carole Stone	54	Stone Master Marathoners	25.8	25.3				19.8	24.2		32.0	19.9		32.1	27.4								
Elaine Statham	79	Congleton Harriers	25.7			20.8					30.6												
Melody Morris	51	Stoke FIT	25.1	17.2	33.1																		
Kirsty Rollings	38	South Cheshire Harriers	25.0		12.6	23.3		23.6			20.2			34.0	36.2								
Julie Nokes	64	Stafford Harriers	22.5	24.5		28.2	23.3	22.3	14.4		24.6		20.3										
Kerry Hopkinson	45	NSRRA	21.5	35.1	30.6			16.0	29.1		18.7	15.6		14.6	12.0								
Kate Hopkinson	45	NSRRA	21.4	34.3	29.3			14.8	30.3		17.3	14.1		16.5	14.2								
Pat Bentley	75	Trentham RC	20.7	28.6					13.2	16.8	27.6	17.0			20.8								
Linda Fernyhough	61	NSRRA	20.5	20.5																			
Micheline Tremblay	59	South Cheshire Harriers	19.4	22.9		13.4				14.5	26.1	18.5		24.3	16.4								
Sarah Aitkenhead	42	Stafford Harriers	19.3	19.7	31.9			18.5	16.9		15.8		8.2	18.5	25.2								
Mandy Lewis	63	Nantwich RC	18.1	23.7	20.3	18.3		21.1	18.1	3.2	23.2	9.7		20.4	23.0								
Laura Barker	32	Trentham RC	17.8	22.1	21.6			9.8															
Jane Osbourne	53	NSRRA	17.6		16.4			11.0	25.4														
Lucy Cartlidge	39	Audley RC	17.0	21.3				12.3			21.7	12.6											
Rebecca Durham	47	Stone Master Marathoners	16.8	26.2				17.3			6.9												
Heather Swift	37	NSRRA	16.8	16.4	22.9	25.8	15.9				14.3	11.2	17.9		9.8								
Deborah Clarke	53	Stoke FIT	14.2	18.9	11.3	15.9	13.4	13.5		7.8	12.8		15.5		18.6								
Juliet Carter	54	South Cheshire Harriers	13.3	12.4	17.7	10.9				12.2													
Sally Aldridge	77	Silverdale RC	12.9		13.9				12.0														
Maria Gaye	56	Blythe Bridge RC	12.9	13.2										12.6									
Luane Hill	48	South Cheshire Harriers	12.7	11.5	15.1			8.5	15.7														
Karyn Oakley	46	Blythe Bridge RC	12.0	15.6			8.4																
Tracey Wadsworth	53	Stone Master Marathoners	11.9	18.0									5.8										
Karen Griffiths	54	Stone Master Marathoners	11.6	14.0	10.0				10.8														
Donna Sykes	38	Uttoxeter RR	8.9	9.1	8.7																		
Hazel Barlow	62	Silverdale RC	7.9	9.9	4.9	8.4	10.9	4.8	8.3	5.5	11.3	5.4	13.1	6.8	5.4								
Rebekah Washington	28	Gator AC	7.8	7.5	7.4				9.6		9.9	3.9		8.8	7.6								
Anne Thompson	67	Nantwich RC	7.2	8.3				6.0															
Sarah Gray	65	Stafford Harriers	7.0	10.7	6.1			3.5	2.2		5.4		10.7	10.7									
Emma Boulton	46	Stone Master Marathoners	6.7								8.4	8.3	3.4										
Emma Lonczyk	46	Blythe Bridge RC	6.0			6.0																	
Sharn Hully	66	Stoke FIT	5.2	6.7			6.0		5.9		2.5			4.9									
Chloe Guy	23	Unattached	4.6	3.4	3.6		3.5	7.3				6.8		2.9									

Christine Pezzaioli	64	Stoke FIT	3.6	2.6					4.7														
Lesley Hughes	64	Stafford Harriers	3.3	4.2	2.3	3.5																	
Simone Baggaley	36	Trentham RC	3.0	5.9		1.0	1.0	1.0	7.1		4.0	1.0			3.2								
Jo Espley	50	Stafford Harriers	2.8	5.1				2.3	1.0														
Rita Banks	80	Stone Master Marathoners	1.5	1.8	1.0				3.4	1.0	1.0	2.5	1.0	1.0	1.0								
Rachel Wallwork	45	Stoke FIT	1.0	1.0																			